

# THE TRIUMPHANT

## Saint George Greek Orthodox Church Father Neofitos Sarigiannis <u>frneofitos@saintgeorgegoc.com</u> <u>www.saintgeorgegoc.com</u>

## Sunday of Orthodoxy

March 8, 2020



**Procession of Icons for Sunday of Orthodoxy**- At the conclusion of the Divine Liturgy, a service is conducted in commemoration of the affirmations of the Seventh Ecumenical Council in 787 and the restoration of the use of icons in 843. Orthodox faithful carry icons in a procession, while the clergy offer petitions for the people, civil authorities, and those who have reposed in the faith.

## WHICH ICON WILL YOU BRING TO PROCLAIM YOUR FAITH?



## Service Schedule:

Sunday, March 8, 2020

Monday, March 9, 2020

Wednesday, March 11, 2020

Friday, March 13, 2020 Sunday, March 15, 2020 Monday, March 16, 2020 Thursday, March 19, 2020 Friday, March 20, 2020 Orthros 9:00 AM Divine Liturgy 10:00 AM – Sunday of Orthodoxy 5:00 PM Sunday Vespers at St. Basil's OCA Watervliet 6:00 PM Lenten Meal 6:30 PM – 7:30pm Bible Study/ Book Club - Great Lent by Schmemann (Every Monday until Holy Week) 10:00 AM Presanctified Liturgy 11:30 AM Senior Fellowship 6:30 PM Salutations to the Virgin Mary 9:00 AM Orthros 10:00 AM Divine Liturgy - Sunday of St. Gregory Palamas 6:30 PM Bible Study/Book Club 6:30 PM Philoptochos Meeting 6:30 PM Salutations to the Virgin Mary

## **Today in Church**

**Procession of Icons for Sunday of Orthodoxy** – At the conclusion of Divine Liturgy, we will have the procession of Icons.

**We celebrate** St. Theophylact the Confessor, Bishop of Nicomedia, Hermas the Apostle of the 70, Paul the Confessor, Dometios the Righteous, Felix of Burgundy, Enlightener of East Anglia.

Usher Duty: Team C- Lucy Brady, Dimitri Koutsopoulos, Toni Kananis

**2020 PARISH COUNCIL**: Brian Goodale, President; Maria Dostis, Vice President; Alexandra Casey, Treasurer; Scott Morlock, Secretary; Roubina Morgan, Lucy Brady, Dimitri Koutsopoulos



### Saint George Greek Orthodox Church Info:

Office: (518) 393-0742 Fax: (518) 393-4093 website: www.saintgeorgegoc.com email: office@saintgeorgegoc.com Reverand Father Neofitos Sarigiannis <u>frneofitos@saintgeorgegoc.com</u> 107 Clinton Street Schenectady, NY 12305 Sundays Services: Orthros: 9:00 AM Divine Liturgy: 10:00 AM Office Hours: Monday - Thursday 9 AM – 2 PM Parish Office closed on Friday

#### https://www.facebook.com/SaintGeorgeNY/

LIKE OUR FACEBOOK PAGE: St. George Greek Orthodox Church JOIN OUR EMAIL LIST

Call or email us to join our Email list to receive all our Bulletins, Schedules, and Community Updates.

## We thank our Office Secretary Camille Kosloski, Scott Morlock, Chris Pappis, and all group leaders for their hard work in completing this Newsletter/ Bulletin.

For updates for the Bulletin, please call or email the office by Wednesdays at 2pm.



## Hymns of the Day

#### **Resurrectional Apolytikion in Mode 1**

Τὸν συνἀναρχον Λόγον Πατρὶ καὶ Πνεὑματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνἡσωμεν πιστοὶ καὶ προσκυνἡσωμεν, ὅτι ηὐδόκησε σαρκἰ, ἀνελθεῖν ἐν τῷ Σταυρῷ, καὶ θἀνατον ὑπομεῖναι, καὶ ἐγεῖραι τοὺς τεθνεῶτας, ἐν τῇ ἐνδὀξῷ Ἀναστἀσει αὐτοῦ.

#### For the Feast

Τὴν ἄχραντον Εἰκόνα σου, προσκυνοῦμεν ἀγαθέ, αἰτοὑμενοι συγχώρησιν τῶν πταισμάτων ἡμῶν, Χριστὲ ὁ Θεὀς' βουλήσει γὰρ ηὐδὀκησας σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, ἵνα ῥύσῃ οὓς ἔπλασας, ἐκ τῆς δουλείας τοῦ ἐχθροῦ' ὅθεν εὐχαρἰστως βοῶμἐν σοι' Χαρᾶς ἐπλήρωσας τὰ πἀντα ὁ Σωτὴρ ἡμῶν, παραγενὀμενος εἰς τὸ σῶσαι τὸν κὀσμον.

#### Apolytikion of St. George

Ως τών αιχμαλώτων ελευθερωτής, και τών πτωχών υπερασπιστής, ασθενούντων ιατρός, βασιλέων υπέρμαχος, τροπαιοφόρε μεγαλομάρτυς Γεώργιε, πρέσβευε Χριστώ τώ Θεώ θήναι τάς ψυχάς ημών.

#### Seasonal Kontakion in the Fourth Mode

Τῆ ὑπερμἀχῷ στρατηγῷ τὰ νικητήρια, Ώς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγρἀφω σοι ἡ Πόλις σου Θεοτὀκε. Ἀλλ' ὡς ἔχουσα τὸ κρἀτος ἀπροσμἀχητον, Ἐκ παντοίων με κινδὑνων ἐλευθἑρωσον, Ἱνα κρἀζω σοι· Χαῖρε νὑμφη ἀνὑμφευτε.

### **Epistle and Gospel Readings**

#### The Epistle According to Heb. 11:24-26, 32-40

#### **Resurrectional Apolytikion in Mode 1**

Let us worship the Word who is unoriginate \* with the Father and the Spirit, and from a Virgin was born \* for our salvation, O believers, and let us sing His praise. \* For in His goodness He was pleased \* to ascend the Cross in the flesh, and to undergo death, \* and to raise up those who had died, \* by His glorious Resurrection.

#### For the Feast

We venerate Your immaculate icon, O good Lord, and entreat You to forgive our offences, O Christ our God. By Your own choice you were pleased to ascend the Cross in the flesh, to deliver us, whom You created, from our slavery to the foe. Therefore, we cry to You with gratitude: You have filled all things with joy, O our Savior, by coming to save the world.

#### Apolytikion of St. George

Liberator of captives, defender of the Poor, physician of the sick, and champion Of kings, O trophy-bearer, Great Martyr George, intercede with Christ God that our souls be saved.

#### Seasonal Kontakion in the Fourth Mode

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

Άδελφοί, πίστει Μωϋσῆς μέγας γενόμενος ἀρνήσατο λέγεσθαι υἰὸς θυγατρὸς Φαραώ, μᾶλλον ἑλόμενος συγκακουχεῖσθαι τῷ λαῷ τοῦ Θεοῦ ἢ πρόσκαιρον ἔχειν ἁμαρτίας ἀπόλαυσιν· μείζονα πλοῦτον ἡγησἁμενος τῶν Αἰγὑπτου θησαυρῶν τὸν ὀνειδισμὸν τοῦ Χριστοῦ· ἀπέβλεπε γὰρ εἰς τὴν μισθαποδοσίαν. Καὶ τἱ ἔτι λέγω; Ἐπιλείψει γἀρ με διηγοὑμενον ὁ χρόνος περ Γεδεών, Βαρἀκ τε καὶ Σαμψὼν καὶ Ἱεφθἀε, Δαυίδ τε καὶ Σαμουὴλ καὶ τῶν Προφητῶν· οἳ διὰ πίστεως κατηγωνίσαντο βασιλείας, εἰργἀσαντο δικαιοσύνην, ἐπέτυχον ἐπαγγελιῶν, ἔφραξαν στόματα λεόντων, ἔσβεσαν δύναμιν πυρός, ἔφυγον στόματα μαχαίρας, ἐνεδυναμώθησαν ἀπὸ ἀσθενείας, ἐγενήθησαν ἰσχυροὶ ἐν πολἑμῷ, παρεμβολὰς ἔκλιναν ἀλλοτρίων· ἕλαβον γυναῖκες ἐξ ἀναστἀσεως τοὺς νεκροὺς αὐτῶν· ἅλλοι δὲ ἐτυμπανίσθησαν, οὐ προσδεξἁμενοι τὴν ἀπολύτρωσιν, ἵνα κρείττονος ἀναστἀσεως τύχωσιν· ἕτεροι δὲ ἑμπαιγμῶν καὶ μαστίγων πεῖραν ἕλαβον, ἕτι δὲ δεσμῶν καὶ φυλακῆς· ἐλιθἀσθησαν, ἐπρίσθησαν, ἐπειρἀσθησαν, ἐν φόνῷ μαχαίρας ἀπέθανον, περιῆλθον ἐν μηλωταῖς, ἐν αἰγείοις δἑρμασιν, ὑστερούμενοι, θλιβόμενοι, κακουχούμενοι, ῶν οὐκ ἦν ἄξιος ὁ κόσμος, ἐν ἐρημίας πλανώμενοι καὶ ὅρεσι καὶ σπηλαίοις καὶ ταῖς ἀπαῖς τῆς τῆς τῆς και μαρτίος ἀπόμασις, ἐνεδυναμώθησαν, ἐπρισθησαν, ἐπειρἀσθησαν, ἐν φόνῷ μαχαίρας ἀπέθανον, περιῆλθον ἐν μηλωταῖς, ἐν αἰγείοις δἑρμασιν, ὑστερούμενοι, θλιβόμενοι, κακουχούμενοι, ῶν οὐκ ἦν ἄξιος ὁ κόσμος, ἐν ἐρημίας πλανώμενοι καὶ ὅρεσι καὶ σπηλαίοις καὶ ταῖς ἀπαῖς τῆς τῆς κᾶι οὖτοι πἀντες μαρτυρηθέντες διὰ τῆς πίστεως οὐκ ἐκομίσαντο τὴν ἐπαγγελίαν, τοῦ Θεοῦ περὶ ἡμῶν κρεῖττόν τι προβλεψαμἑνου, ἵνα μὴ χωρὶς ἡμῶν τελειωθῶσι.

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. He considered abuse suffered for the Christ greater wealth than the treasures of Egypt, for he looked to the reward. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets—who through faith conquered



kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign enemies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated — of whom the world was not worthy — wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

#### The Gospel According to John. 1:43-51

Τῷ καιρῷ ἐκείνῳ, ἡθἑλησεν ὁ Ἰησοῦς ἑξελθεῖν εἰς τὴν Γαλιλαίαν, καὶ εὑρἰσκει Φίλιππον καὶ λἑγει αὐτῷ ᾿Ακολοὑθει μοι. ἦν δὲ ὁ Φίλιππος ἀπὸ Βηθσαϊδἀ, ἐκ τῆς πόλεως Ἀνδρἑου καὶ Πἑτρου. εὑρἰσκει Φίλιππος τὸν Ναθαναὴλ καὶ λἑγει αὐτῷ ˁΟν ἔγραψε Μωϋσῆς ἐν τῷ νόμῳ καὶ οἱ προφῆται, εὑρἡκαμεν, Ἰησοῦν τὸν υἰὸν τοῦ Ἰωσὴφ τὸν ἀπὸ Ναζαρἑτ. καὶ εἶπεν αὐτῷ Ναθαναἡλ Ἐκ Ναζαρἑτ δὑναταὶ τι ἀγαθὸν εἶναι; λἑγει αὐτῷ Φίλιππος· Ἔρχου καὶ ἴδε. εἶδεν ὁ Ἰησοῦς τὸν Ναθαναὴλ ἐρχόμενον πρὸς αὐτὸν καὶ λἑγει περὶ αὐτοῦ· Ἰδε ἀληθῶς Ἰσραηλίτης ἐν ῷ δόλος οὐκ ἔστι. λἑγει αὐτῷ Ναθαναἡλ· Πόθεν με γινώσκεις; ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῷ· Πρὸ τοῦ σε Φίλιππον φωνῆσαι, ὄντα ὑπὸ τὴν συκῆν εἶδὸν σε. ἀπεκρίθη Ναθαναἡλ καὶ λἑγει αὐτῷ· Ραββἰ, σὺ εἶ ὁ υἰὸς τοῦ Θεοῦ, σὺ εἶ ὁ βασιλεὺς τοῦ Ἰσραἡλ. ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῷ· Ὅτι εἶπόν σοι, εἶδὸν σε ὑποκἀτω τῆς συκῆς, πιστεὑεις; μείζω τοὑτων ὄψῃ. καὶ λἑγει αὐτῷ· Ἀμὴν ἀμὴν λἑγω ὑμῖν, ἀn' ἄρτι ὄψεσθε τὸν οὐρανὸν ἀνεῷγὸτα, καὶ τοὺς ἀγγἑλους τοῦ Θεοῦ ἀναβαἰνοντας καὶ καταβαἰνοντας ἐπὶ τὸν υἰὸν τοῦ ἀνθρώπου.

At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and he said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

#### Kolyv, Artoklasia, and other offerings

(picture) Saturday, February 22, 2020- 1st Saturday of Souls and Memorial Service



Dear Friends,

The church of St. George has several ecclesiastical needs for the upkeep of the liturgical practices for the year. Please contact the office if you ever wish to donate money toward these items for the week. You may make and bring these offerings on your own as well. Please contact the office if you have any questions. All proceeds for offerings go to the church.

**Communion Wine** - \$20 donation. **Altar Candles** for a week (ἀκοίμητον) - \$20 donation **Prosforo** - \$20 donation

These items can be offered for both the living and the reposed. A corresponding write up will be offered in the bulletin for these donations if the donor wishes it. These are vital ingredients for every service during the liturgical year. Our participation is vital

as we are all involved in Divine Liturgy which means Holy Work. We must also teach our children to pray and participate since one day we hope to leave them in our place to manage God's house as stewards and spread His Holy Gospel.

**Koliva** – We can make Koliva for you if you place an order with the office. The cost will be \$100. **Artoklasia** - We can make Artoklasia for you if you place an order with the office. The cost will be determined.



## From the desk of Fr. Neofitos

#### Great Lent: The stadium of virtue is now open

#### Cheesefare Sunday Matins

The stadium of virtue is now open; those who wish to compete, enter therein, girded for the good contest of Lent, for those who compete according to the rules shall receive their laurels rightfully. Taking up the full armor of the Cross, let us do battle against the Enemy. As an impregnable wall, we have the Faith, prayer as our breastplate, and acts of mercy as our helmet. Instead of sword, there is fasting, which cuts every evil from the heart. He who does this shall attain a true crown from Christ, the King of all, on Judgment Day.

Our beautiful church hymnography paints a vivid picture of Lenten journey.

We are the gladiator in the arena fighting for our life. Training daily to defeat the self. To control our passions and not have the passions control us. The enemy hurls our own weaknesses at us. Great Lent is upon us and NOW is the time for battle. The stadium is here, it is open. Great Lent is an opportunity to engage in self-control.

Armored, not with a knight's usual armor, as St. George and other soldier saints are depicted, but armored with the Holy Cross of Christ.

A wall of protection, our faith. Prayer is our breast plate. Acts of mercy our helmet.

Fasting finally, instead of a sword. The other tools are protective, defensive. Fasting becomes an offensive weapon against any evils lurking in our heart.

Our church wisely commemorates all the holy men and women who excelled in asceticism the Saturday before Great Lent begins. These Holy ascetic saints successfully fought the good fight and, with God's Grace, lived as we will attempt to live in the next 40 days. In fasting and prayer. In self-control and training. In prostrations and chores. Cleansing the mind of all earthly cares. Fasting not only from food but from other distractions. Spiritual distractions that take our focus away from our own journey to prepare for our Risen Lord.

Today, Sunday of Orthodoxy, we remember the Triumph over the heresy of Iconoclasts. Our church reinstalled, with Michael and his mother Empress Theodora, Holy Icons. They reestablished that Icons are for veneration and adoration, not worship. In venerating, we respect our God and the individuals depicted. That was and still is, the triumph of true doctrine over heresy.

We implore God, with the intersession of all His saints, that we arrive at the Holy Passion of our Lord with our own Passion set on Him and His love for us. May we be enlightened to act out of love for our Savior and for one another and ask for Holy transformation through our repentance.

I wish you all Kali Sarakosti!

In Christ, Fr. Neofitos Sarigiannis



Sunday of Orthodoxy

https://www.goarch.org/

For more than one hundred years the Church of Christ was troubled by the persecution of the Iconoclasts of evil belief, beginning in the reign of Leo the Isaurian (717-741) and ending in the reign of Theophilus (829-842). After Theophilus's death, his widow the Empress Theodora (celebrated Feb. 11), together with the Patriarch Methodius (June 14), established Orthodoxy anew. This ever-memorable Queen venerated the icon of the Mother of God in the presence of the Patriarch Methodius and the other confessors and righteous men, and openly cried out these holy words: "If anyone does not offer relative worship to the holy icons, not adoring them as though they were gods, but venerating them out of love as images of the archetype, let him be anathema." Then with common prayer and fasting during the whole first week of the Forty-day Fast, she asked God's forgiveness for her husband. After this, on the first Sunday of the Fast, she and her son, Michael the Emperor, made a procession with all the clergy and people and restored the holy icons, and again adorned the Church of Christ with them. This is the holy deed that all we the Orthodox commemorate today, and we call this radiant and venerable day the Sunday of Orthodoxy, that is, the triumph of true doctrine over heresy.



## **Philoptochos News**

**DID YOU KNOW?** We all know our Greek Orthodox parishes have a Ladies Philoptochos Society; but how much do we know about the roots of this organization? It's no secret that Philoptochos was always viewed as the group our YiaYias joined. Over the years, as the organization grew and changed, younger generations of women began to join. Most recently the national by-laws were amended to allow Greek Orthodox men to join as Associate Members. There are over 26,000 members nationwide.

**9 DECADES OF SERVICE TO HUMANITY.** The Greek Orthodox Ladies Philoptochos Society, Inc. is the separately incorporated philanthropic arm of the Greek Orthodox Archdiocese of America, the only women's organization recognized in the Uniform Parish Regulations, and a non-governmental organization registered with the United Nations. The endeavors of the Society are a genuine expression of philanthropia, reflecting an enormous manifestation of love. This agape is evident not only in the millions of dollars of charity disbursed annually to our ministries, commitments, and special projects but also in the multitude of meaningful programs and activities, which have been undertaken over nearly 90 years. St. James in his Epistle, Chapter 1, Verse 22, exhorts all Christians to be, "Doers of the Word." Members of Philoptochos are indeed doers, and their accomplishments can be found in the annals of more than 400 Philoptochos chapters across the United States. Our mission is to "help the poor, the destitute, the hungry, the aged, the sick, the unemployed, the orphaned, the imprisoned, the widowed, those with disabilities and the victims of disasters." (Source: National Philoptochos Website)

**MEETING NOTES.** In February, the members approved donations to National Philoptochos Autism Assistance Fund, National Philoptochos St. Photios Shrine, Bethesda House, Quest for Grace, Safe Inc. of Schenectady, Akathist Hymn Floral Frame.

**NEW MEMBERS.** If you are not a member and are thinking of joining or would like more information, we invite you to attend one of our monthly meetings which are held the third Thursday of the month at 6:30 pm. There are no meetings scheduled in December, June, July and August. In December we have a members-only Christmas Dinner and in June a members-only picnic. Annual dues of \$30.00 are paid every January.

NEXT MEETING. Thursday, March 19, 2020 at 6:30 pm.

## WELCOME TO OUR FAMILY

**2020 Stewardship Pledges:** We thank all the members listed below who have submitted their 2020 stewardship pledge as of March 1, 2020. We hope that all of you will please submit your pledges as soon as possible. We are grateful all for your contributions to our church family.

Mr. & Mrs. Paul Antonovich Mrs. Lucy Brady & Family Mr. & Mrs. Sam Bratsos Ms. Arji Cakouros Mr. and Mrs. Patrick Casey & Family Mr. and Mrs. Peter Chamberas Ms. Ariana Christou Mr. Andreas Christou & Ms. Sophia Shakolas Mr. & Mrs. Euripides Christou Mrs. Catherine Contompasis Mr. & Mrs. Emanuel Contompasis Ms. Demetra Corsones Mr. and Mrs. George Cotzas Mrs. Rena Counavelis Ms. Marianne Crary Mr. & Mrs. Chris Dafniotis Ms. Olga Delorey Ms. Joanne Diamantis Ms. Maria Dostis Mrs. Marguerite Doulides Mr. & Mrs. Brad Engwer Mr. & Mrs. Michael Euripidou Ms. Renee Euripidou Mr. Arthur Georgelas

Mrs. Helena Georgelas Mr. Nicholas Georgelas Mrs. Eliana Georgelos Mr. & Mrs. Brian Goodale & Family Mr. & Mrs. Dimitri Grivas Mr. & Mrs. Daniel Holdsworth Mrs. Frusina Ica Iancu Mr. & Mrs. Thomas Jones & Family Mrs. Catherine Julius Mr. & Mrs. Peter Kalil Mrs. Antonia Kananis Mrs. Fanny Karamanos Mr. Charles Koines Ms. Kaliopi Kounoupis Ms. Barbara Koutsakis Mr. & Mrs. David Lambert Mr. & Mrs. Trifon Laskaris Mr. & Mrs. Paul Laviolette Mr. William Manikas Mrs. Cathy Marco Mr. & Mrs. Wm. McDonald & Family Mr. and Mrs. Phil McGowen Mr. & Mrs. Angelo Menagias Mrs. Anna Menagias Mr. & Mrs. Jerry Menagias

Ms. Maria Menagias & Family Mr. and Mrs. Scott Morlock Mr. Simeon Nikolaidis Mrs. Katherine Orfan Mr. & Mrs. Nick Paravalos Mr. & Mrs. Frank Rossetti Fr. Neofitos & Pres. Sarigiannis Mr. & Mrs. Gerasimos Sokaris Mrs. Roubina Spyros-Morgan Mrs. Stavroula Stamoulis Mrs. Themetria Svolos Ms. Melissa Verrigni Mr. & Mrs. Brian Whipple Mrs. Mary Wilson Mrs. Mary Zoulas

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St. George Greek Orthodox Church Αγιος Γεωργιος		ch	PLEDGE FORM 20		
Аүс					
Famil	y Name		Envelope Number		
	\$500.00	\$1500.00	Weekly (due each week) Εβδομαδιαίος		
MY PLEDGE		\$2000.00	Monthly (due at the start of the month) Μηνιαίος		
	\$1000.00	Other	Quarterly (due at the start of the quarter) Τριμηνιαίος		
			Annually (due at the start of the year) Ετησίως		

How much should you pledge?

Consider this.... in order to meet our budget, we need each family to pledge a minimum of \$650. That equals \$12.50 a week for the year.

Family Name (Last)	Home P	hone	
Address			
Name	Cell Phone/Work		
Email	Occupation		Baptized
Spouse	Cell Pho	ne/Work	
Email	Occupat	ion	Baptized
Children	(age)	(baptized)	)

Some of the many ministries we invite you to participate in

ANGELS (Pre-K-Kinder.) HOPE (1st - 2nd grade) JOY (3rd - 6th grade) GOYA (7th-12th grade) YAL (Age 18-35) Philoptochos The Fellowship Bible Study / Book Club Books and Education Greek School Sunday School Altar Servers Parish Council Outreach & Evangelism **Building and Grounds** Strategic Planning Choir/Chanter Fundraising



## January 20<sup>th</sup>, The Feast of St. Neophytos and Maximus



Sunday, March 1<sup>st</sup>, Forgiveness Vespers – St. Andrews Brotherhood



**Our Young Adults went Bowling!** 





Lenten Meal hosted by our Parish

## Welcome to St. George Greek Orthodox Church



#### IN THE COMMUNITY OF ST. GEORGE

**BAPTISMS: We welcomed** in to the community the daughter of Paul & Tiara Antonovich through the celebration of baptism on February 12. She was given the Christian name of Adaline Ann by her Godparents Brian and Megan Whipple Adaline Antonovich. **We welcomed** into the community the daughter of Daniel



and Meghan Holdsworth through the celebration of baptism on February 22. She was given the Christian name of Adeline Grace by her Godparent Theodora Tsakopiakos.

**FALLEN ASLEEP IN THE LORD**: Athansios Stamoulis , beloved husband of Stavroula Stamoulis, fell asleep in the Lord on January 20, 2020. May his soul be eternal!

**YOUTH ACTIVITES:** The movie "The Fourth Wiseman" was sponsored by the Youth Group on February 22.

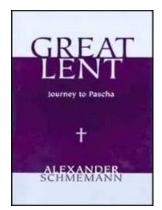
## **Introducing our NEW Bible Study/Book Club**

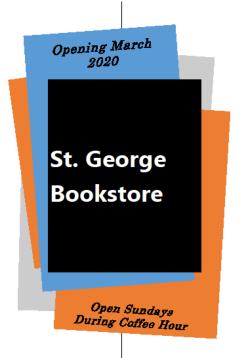
6:30pm-7:30pm (Every Monday 'till Holy Week)

Great Lent by Alexander Schmemann-

Below is our Book Club/ Bible Study Schedule. Every Monday at 6:30pm.

3/9/2020 3/16/2020 3/23/2020 3/30/2020 4/6/2020









- Religious Books
- Prayer Books
- Incense
- Icons
- Religious Items and Gifts
- Special orders
- for specific Icons
- or specialty items
- available
- upon request





## **Our Youth** - St. George Youth Group invites the community to 3 awesome events!

- Friday, Apr 10 at 5:30pm Family Palm making event- Youth mini-retreat
- Lenten Youth Retreat at St. Basils in Troy TBA
- June Year end Community Picnic-Details TBA

We are looking for Sunday School teachers. We are looking for interest in Greek school for youth and adults for the 2020-2021 school year. All youth workers will undergo Youth Protection Training which is now mandatory across the nation in the Greek Orthodox Archdiocese.

# PALM MAKING FAMILY EVENT

Friday, April 10, 2020

t. George

5:30pm Artoklasia Service in the Church 6pm Mini retreat for the Youth

- Devotional
- Palm Making
- Snacks will be served
  - Please RSVP by Friday April 3rd

### **AHEPA Schenectady Chapter 125**



#### Schenectady AHEPA #125 Holds 1st 2020 Meeting

#### PHOTO: VAN STATHIS

Left to right: Treasurer Chris Euripidou, Van Stathis, Mike Euripidou, President Phil Menagias, Secretary Greg Sokaris, Dimitryos 'Jimmy' Markopoulos, AHEPA District 6 Secretary Chris Pappis, Vice President James Gaminde, Pete Kalil, Steve Giakoumis, Bill Manikas, Charlie Koines, and Phil McGowen.

The National Herald Staff

SCHENECTADY, NY – Over the past few years, Schenectady AHEPA Chapter 125 has continued to grow its membership and

charter a goal of inspiring Hellenism and Brotherhood

in the New York State Capital Region since reactivation in 2017. As the chapter headed into 2020, it held its first meeting of the New Year on January 7 at St. George Greek Orthodox Church's Hellenic Center with AHEPA District 6 Secretary Chris Pappis in attendance. At the meeting, Chapter President, Fillipos 'Phil' Menagias, once again set goals for the new year in regards to community outreach, member recruitment, fundraising goals and projects to benefit charitable organizations, and individual educational scholarships in the Capital District, as well as the goal of supporting the creation of a Greek School in partnership with St. George Greek Orthodox Church.



## **Fellowship News**

The Fellowship group of Saint George. Who are we?

Fellowship is defined as "a friendly association of people who meet to share companionship, sociability and mutual interests"...a perfect description of our group! We meet on a monthly basis to enjoy one another's company through conversation, sharing a meal, praying together, planning outings, and always having fun!

We extend a warm and heartfelt welcome to Father Neofitos as our spiritual leader. Since his ordination and assignment to St. George in November, we have been blessed to have him with us as our parish priest. This gracious, humble and good-hearted young man has brought joy and spirituality to our parish. And our beloved Presvytera Catherine has entered our hearts as well. Together they have extended themselves into our community with love and good will. We pray for their spiritual and physical health always and thank Almighty God for their presence in our community.

Our Fellowship group consists of 20 members, as well as additional parishioners who occasionally join us for meals. Our membership dues are \$25 per person/couple. When we have our meetings at the Hellenic Center, they are preceded by a meal consisting of an entree, bread or rolls, a Greek salad, dessert and coffee or soda. A nominal fee of \$3.00 per member or \$5.00 per non-member is charged to cover the cost of the food. Occasionally we meet for lunch at a local restaurant.

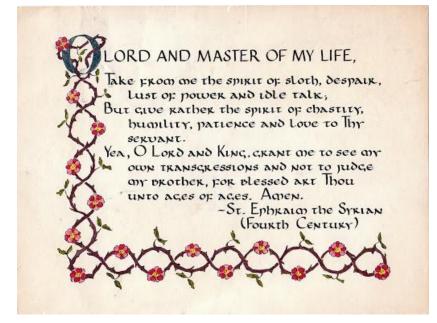
Fellowship meetings take place on the second Thursday of every month at 11:30 am. This time precludes most working people from joining our group, thus the majority of us are retired seniors. However, we do have younger members who have Thursdays off from work, so are able to attend our meetings and lunches. Whenever we have an outing, we try to have it take place on a Thursday.

The only exceptions to our Thursday meetings this year will occur during Lent, in the months of March and April. On those two months only, we will meet on WEDNESDAYS in order to coincide with the Presanctified Liturgies being held on those days. Both the March and April meetings will take place at the Hellenic Center immediately following Liturgy, on March 11th and on April 8th respectively. A Lenten meal for our members will be served. The March 11th luncheon will consist of linguini with clam sauce and roasted vegetables, crusty bread, salad, hummus, and desserts.

Since the formation of our group in 2008, we have traveled to numerous locations, including visits to monasteries (Panagia Parigoritissa Monastery in the Province of Québec, Canada, and Agia Skepi/Holy Protection Monastery in Pennsylvania). Secular trips include the Otesaga Hotel in Cooperstown for their luncheon buffet, the Lake Dinner Theater in Lake George, and the casinos at Saratoga, Turning Stone and Foxwoods. Trips to several of the above listed places are currently in the planning stage and are open not only to our own parishioners, but also to those from other local Orthodox communities. Please check your future bulletins for information on our upcoming trips.

Clean Monday is now behind us and, with the grace of God, we have now entered the Lenten period preceding Great and Holy Pascha. The Fellowship group wishes you all A BLESSED AND PEACEFUL GREAT LENT.

Καλη Σαρακοστή!



# Sunday March 29th

GREEK INDEPENDENCE DAY PARADE IN NYC

JOIN US!

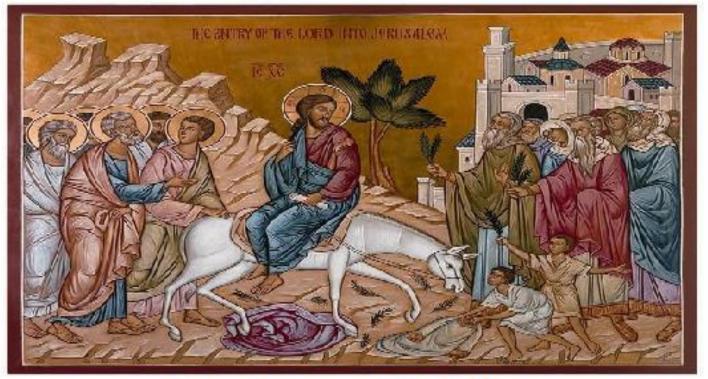
## COME MARCH WITH YOUR FELLOW GREEKS! FOLLOWED BY A VISIT TO ASTORIA! BUS LEAVES AT 9AM

Tickets \$35

QUESTIONS? CONTACT VAGELI RANTZAKLIS (518-701-3612)

SPONSORED BY The Order of AHEPA Chapter #140

# Palm Sunday Fish Luncheon Sunday April 12th @ 12 pm Saint George Hellenic Center



## KYPIAKH TΩN BAÏΩN Proudly Sponsored By AHEPA Chapter 125 Proceeds To Benefit St. George Greek Orthodox Church



For More Info/Tickets Contact: Charlie Koines Phil Menagias 518.858.3337 518.857.2669 AHEPA125@gmail.com



## **LENTEN ORNAMENTATION**

#### Please contact the church office during office hours to donate a particular item(s).

3rd Salutations         Annunciation/         Evangelismou         4th Salutations         St. Mary of Egypt         Palm Sunday (p.m.)         Nymphios         Holy Wednesday         Holy Thursday (a.m.)	Icon Flower Frame         7 Candles, Oil, Flour(King Arthur), Cotton Balls	\$50 \$50 \$50 \$50 \$50 \$50 Contact Elaine
Evangelismou 4th Salutations St. Mary of Egypt Palm Sunday (p.m.) Nymphios Holy Wednesday	Icon Flower Frame         Icon Flower Frame         Icon Flower Frame         7 Candles, Oil, Flour(King Arthur),	\$50 \$50 \$50 \$50 \$50
St. Mary of Egypt Palm Sunday (p.m.) Nymphios Holy Wednesday	Icon Flower Frame         Icon Flower Frame         7 Candles, Oil, Flour(King Arthur),	\$50 \$50
Palm Sunday (p.m.) Nymphios Holy Wednesday	Icon Flower Frame 7 Candles, Oil, Flour(King Arthur),	\$50
Nymphios Holy Wednesday	7 Candles, Oil, Flour(King Arthur),	·
Holy Wednesday		Contact Elaine
Holy Thursday (a.m.)		
	Flower Frame for Last Supper Icon	\$50
Holy Thursday (p.m.)	Flower Frame for Crucifxion Icon	\$50
Holy Thursday (p.m.)	3 Candles for Crucifix	\$15
Holy Thursday (p.m.) 12 Candles for Gospel Readings		\$60
Holy Thursday (a.m.)	Eggs (1/2 case) (Large Brown)	Contact Elaine
Feast Day	Description	
Holy Friday	Epitaphio flowers , which includes the following: Cut Lilies, Carnations, Roses, Daphne, Laurel, Rose petals, etc.	Price Total TBD
oly Friday (afternoon)	Flower Frame for Apokathilosis Icon	\$50
Holy Friday (p.m.)	Red Roses (for Choir & Chanters)	\$30
Holy Friday (p.m.)	Flower Frame for Extreme Humility Icon	\$50
Holy Saturday (a.m.)	Flower frame for Proti Anastasi Icon	\$50
Holy Saturday (p.m.)	Resurrection Banner White & Red	\$125
Holy Saturday (p.m.)	Potted Lilies (12)	\$15 each
Holy Saturday (p.m.)	Flower Frame for Anastasi Icon	\$50
		\$70
Holy Saturday (p.m.)	Flower shelf for Panagia Icon (Altar)	\$70
Feast Day	Description	
St. George Vespers & Services	Flower Shelf for St. George (Altar)	\$70
	Holy Thursday (p.m.)         Holy Thursday (a.m.)         Feast Day         Holy Friday         Holy Friday (afternoon)         Holy Friday (p.m.)         Holy Friday (p.m.)         Holy Saturday (p.m.)	Holy Thursday (p.m.)12 Candles for Gospel ReadingsHoly Thursday (a.m.)Eggs (1/2 case) (Large Brown)Feast DayDescriptionHoly FridayEpitaphio flowers , which includes the following: Cut Lilies, Carnations, Roses, Daphne, Laurel, Rose petals, etc.oly Friday (afternoon)Flower Frame for Apokathilosis IconHoly Friday (p.m.)Red Roses (for Choir & Chanters)Holy Friday (p.m.)Flower Frame for Extreme Humility IconHoly Saturday (p.m.)Flower frame for Proti Anastasi IconHoly Saturday (p.m.)Potted Lilies (12)Holy Saturday (p.m.)Flower Frame for Anastasi IconHoly Saturday (p.m.)Flower shelf for Jesus Icon (Altar)Holy Saturday (p.m.)Flower shelf for Panagia Icon (Altar)Holy Saturday (p.m.)Flower shelf for Panagia Icon (Altar)



## St. George Ministry Leaders

Altar Servers	Fr. Neofitos Sarigiannis	frneofitos@saintgeorgegoc.com
Bookstore	Presvytera Catherine Sarigiannis Gladys Paravalos	<u>csarigiannis22@gmail.com</u> <u>Gladys1717p@aol.com</u>
Bible Study/ Book Club	Fr. Neofitos Sarigiannis	
Choir/Chanters	Olga Delorey	odelorey@nycap.rr.com
Church Ushers	Brian Goodale	brian.goodale@outlook.com
Epistle Readers	Fr. Neofitos Sarigiannis	
Fellowship Group	Eliana Georgelos	ggeorgelos@nycap.rr.com
Friends of St. George	Gladys Paravalos	
Ladies Philoptochos Society	Olga Delorey	
Office Manager and Facilities Staff	Camille Kosloski	office@saintgeorgegoc.com
Order of AHEPA	Phil Menagias	p_menagias@hotmail.com
Parish Council Members	Brian Goodale	
Soup Kitchen	Olga Delorey	
Stewardship	Lucy Brady Toni Kananis	Lukia@nycap.rr.com Dafnia3@yahoo.com
Sunday School Teachers and Assistants	Fr. Neofitos Sarigiannis	
"Thursday Morning Boys" Building and Grounds Volunteers	Charles Koines	<u>ckoines@nycap.rr.com</u>
Youth Group Leaders and Volunteers: Angels/HOPE/JOY and GOYA	Lucy Goodale Toni Kananis Anna Morlock	lg1010@live.com anna217m@aol.com



## **Great Lent Schedule**

## March

Sunday, March 1 - Forgiveness Sunday (Cheesefare Sunday) \* 9am Orthros & 10am Divine Liturgy \* 5pm Sunday Vespers - St. Andrews Brotherhood attending and Lenten Meal hosted by our Parish Monday, March 2 - Clean Monday- Great Lent Begins \* 6:30pm Bible Study/ Book Club- Great Lent by Schmemann Wednesday, March 4 \* 6:30pm Presanctified Liturgy \* 8pm Lenten Meal hosted by our Parish Friday, March 6 \* 6:30pm Salutations to the Virgin Mary (Οι Χαιρετισμοί της Θεοτόκου) Saturday, March 7 - Saturday of the souls \* 9am-11am Orthros & Divine Liturgy and Memorial Service (Kolyva) Sunday, March 8 - Sunday of Orthodoxy \* 9am Orthros & 10am Divine Liturgy \* 5pm Sunday Vespers - St. Basil's OCA Watervliet Monday, March 9 \* 630pm Bible Study/ Book Club- Great Lent by Schmemann Wednesday, March 11 \* 10am Presanctified Lituray Friday, March 13 \* 6:30pm Salutations to the Virgin Mary (Οι Χαιρετισμοί της Θεοτόκου) Sunday, March 15 - Sunday of St. Gregory Palamas \* 9am Orthros & 10am Divine Liturgy \* 5pm Sunday Vespers - St. Basil's Greek Church in Troy Monday, March 16 \* 6:30pm Bible Study/ Book Club- Great Lent by Schmemann Friday, March 20 \* 6:30pm Salutations to the Virgin Mary (Οι Χαιρετισμοί της Θεοτόκου) Sunday, March 22 - Sunday of the Holy Cross \* 9am Orthros & 10am Divine Liturgy \* 5pm Sunday Vespers - St. George Antiochian Church in South Glens Falls Monday, March 23 -\* 6:30pm Bible Study/ Book Club- Great Lent by Schmemann Wednesday, March 25 - Annunciation of the Theotokos (Εὐαγγελισμός τῆς Θεοτόκου)

\* 9am-11am Orthros & Divine Liturgy Friday, March 27 \*6:30pm Salutations to the Virgin Mary

\*6:30pm Salutations to the Virgin Mar (Οι Χαιρετισμοί της Θεοτόκου) Sunday, March 29 - Sunday of St. John Climacus – Greek Independence Day Parade

\* 9am Orthros & 10am Divine Liturgy

\* 5pm Sunday Vespers - St. George's Antiochian Church in Albany

Monday, March 30

\* 6:30pm Bible Study/ Book Club- Great Lent by Schmemann

## April

#### Friday, April 3

\* 6:30pm Akathyst Hymn

- Sunday, April 5 Sunday of St. Mary of Egypt
- \* 9am Orthros & 10am Divine Liturgy

\* 5pm Sunday Vespers - St. George Greek Church in Pittsfield, MA

#### Monday, April 6

\* 6:30pm Bible Study/ Book Club- Great Lent by Schmemann

Wednesday, April 8

- \* 10am Presanctified Liturgy
- Friday, April 10
- \* 5pm Vespers of Lazarus
- \* 5:30pm Mini- Youth Retreat
- \* 6pm Family Palm Making Event
- Saturday, April 11 Saturday of Lazarus
- \* 9am 11am Orthros & Divine Liturgy
- Sunday, April 12 Palm Sunday

\* 9am Orthros & 10am Divine Liturgy followed by Fish Luncheon in the Hellenic Center

## **Holy Week**

Sunday, April 12 – Palm Sunday \* 6:30pm Bridegroom Service Holy Monday, April 13 \* 6:30pm Bridegroom Service Holy Tuesday, April 14 \* 6:30pm Bridegroom Service - Hymn of Kassiani Holy Wednesday, April 15 \* 6pm Holy Unction Service Holy Thursday, April 16 - The Mystical/Last Supper \* 9:30am Vesperal Liturgy \* 6pm The 12 Gospels - The Passion of Christ Holy Friday, April 17 \* 9:30am Royal Hours \* 3pm Apokathelosis \* 6pm Epitaphios/ Lamentations Holy Saturday, April 18 \* 9:30am Vesperal Liturgy \* 11pm Resurrection Service Sunday, April 19 – Pascha/Easter Sunday

\* 10:30am Agape Vespers



## Fr. Neofitos would like to get to know you...

Dear Friends,

Since arriving in Schenectady on November 5<sup>th</sup>, I have been getting to know many of you.

In an effort to better serve all of our Parishioners, the Parish Council and I request that you fill out this brief Survey. **Please use the enclosed envelope to mail in your form.** You may also hand in your form to be submitted to the office. This will also help us all to communicate with each other in a more efficient way. Your opinion is valuable to us. We would love to know your thoughts on existing facets of our Parish. We would appreciate any suggestions you might have for new programs or any needs you may have.

We thank you wholeheartedly in advance.

In Christ,		
Fr. Neofitos		
<b>Name</b> First	_Last	Maiden name
Age	Name	
Birth Parents names Please add a sheet if there are more		
	Work ship?)	
Email addresses:		

#### Email addresses:

- Personal\_
- Alternate\_

#### Please Circle preferred email

We are working to expand our email database in order to save postage and other mailing costs in the future. Your email will only be used by St. George and will not be shared with anyone outside the Parish.

#### Vocation/ occupation of each adult in the Household?

**Favorite Hobbies?** 

Please complete and return to the church office.



What books or topics would you like to address in a discussion group/ bible study/ book club?

Comments/ suggestions:

Does St. George fulfill your family's Religious Education needs? Circle one

- Does not fulfill my/our needs
- Somewhat fulfills my/our needs
- Completely fulfills my/our needs

Comments:

What topics would you like to see covered in adult Religious Education events?

How often would you like these events to take place?

- Weekly
- Monthly
- Occasionally

Is there something that would make your family feel more welcome at St. George?

What events would you like to see continued and/or added to St. George's social calendar?

#### How often do you/your family attend(s) Services?

- More than once a week
- Once a week
- Once every other week
- Once a month
- On major Holidays only
- Other

Number of years you have been attending St. George Parish\_\_\_\_\_

Number of members in your family (including yourself, please circle one). 1 2 3 4 5 6 or more

Would you consider offering your time and talents to the church? Yes or No If so, please list any talents you would consider offering.

How often would you be able to offer your talents if called upon?



March 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<ol> <li>Forgiveness Sunday (Cheesefare Sunday)</li> <li>9:00 AM Orthros</li> <li>10:00 AM Divine Liturgy</li> <li>5:00 PM Sunday Vespers – St. George GOC Schenectady</li> </ol>	2 Clean Monday – Great Lent begins 6:30 PM Bible Study/Book Club 7:30 PM Great Compline	3	<b>4</b> 6:30 PM Presanctified Liturgy	5	6 6:30 PM Salutations to the Virgin Mary	<b>7</b> 9:00AM-11:00 AM Saturday of Souls and Memorial
8 Sunday of Orthodoxy 9:00 AM Orthros 10:00 AM Divine Liturgy 5:00 PM Sunday Vespers – St. Basil/s, OCA Watervliet	9 6:30 PM Bible Study/Book Club	10	<b>11</b> 10:00 AM Presanctified Liturgy 11:30 AM Senior Fellowship Meeting	12	<b>13</b> 6:30 PM Salutations to the Virgin Mary	<b>14</b> 9:00 AM D.A.D. Clergy Laity at St Nicholas at St. Nicholas Flushing
15 Sunday of St. Gregory Palamas 9:00 AM Orthros 10:00 AM Divine Liturgy Memorial service for Steve Markopoulous 5:00 PM Sunday Vespers – St. Basil's , Troy	16 6:30 PM Bible Study/Book Club	17	18	19	20 6:30 PM Salutatiosn to the Virgin Mary	21
22 Sunday of the Holy Cross 9:00 AM Orthros 10:00 AM Divine Liturgy 5:00 PM Sunday Vespers – St. George Antochian Church, Glens Falls	23 6:30 PM Bible Study//Book Club	24 10:00 AM Soup Kitchen Prep 12:00 PM Soup Kitchen Serve Sponsored by Olga Delorey in Memory of Theresa Yavornicky	25 Feast of the Annunciation of the Theotokos 9:00 AM – 11:00 AM Orthros & Divine Liturgy	26 6:30 PM Festival Planning Meeting	27 6:30 PM Salutations to the Virgin Mary Mary	28
29 Sunday of St. John Climacus Greek Independence Day 9:00 AM Orthros 10:00 AM Divine Liturgy 5:00 PM Sunday Vespers – St. George Antiochian Church, Albany	30 6:30 PM Bible Study/Book Club	31				

St. George Greek Orthodox Church 107 Clinton Street Schenectady, NY 12305



