



# THE TRIUMPHANT

**Saint George Greek Orthodox Church**

**Father Neofitos Sarigiannis**

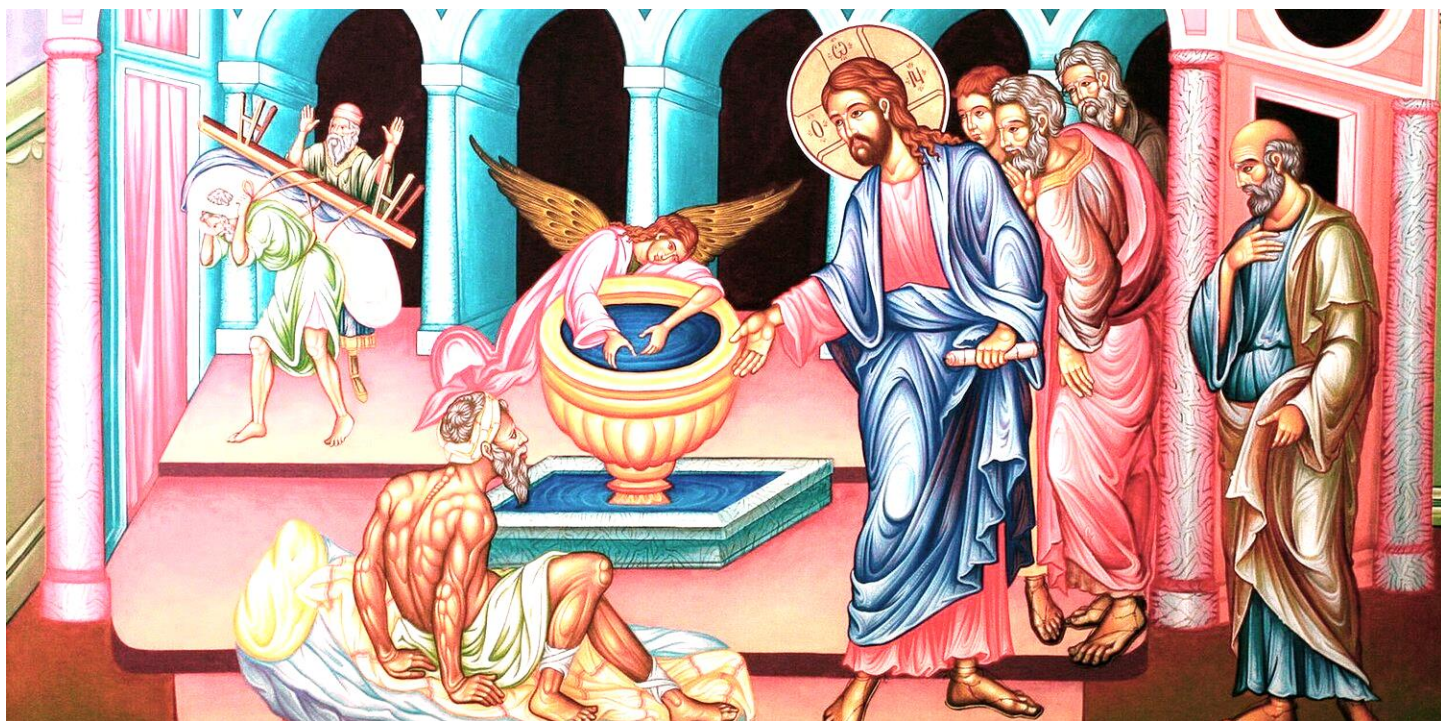
[frneofitos@saintgeorgegoc.com](mailto:frneofitos@saintgeorgegoc.com)

[www.saintgeorgegoc.com](http://www.saintgeorgegoc.com)

**Sunday of the Paralytic**

**May 10, 2020**

## ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ!



## CHRIST IS RISEN!

**“θέλεις υγιής γενέσθαι;  
Do you want to be healed?”**



## [Digital Pangari \(Candle Stand\)](https://st-george-greek-orthodox-church.square.site/)

<https://st-george-greek-orthodox-church.square.site/>



Beeswax Candles, Red Votive Candle to the Theotokos, Red Votive Candle to Christ

**Visit our NEW square site to Light a candle.**

**ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ!  
CHRIST IS RISEN!**

**Lighting a candle for our loved ones, the departed, the saints,  
and for anyone in need of prayers is a very important act we  
practice when entering our church.**

# Light a Candle & Say a Prayer in St. George's church.

**Come visit our brand-new square site!**

You can:

- Light a Candle at our Digital Pangari (Candle Stand)
- Fill out a Prayer Request and Fr. Neofitos will Light your candles and pray for the names of the individuals submitted.
- Make a One-Time Donation
- Make Other Offerings like- Altar Vigil Lamp Candle – Communion Wine – Prosforo
- Saint George Bookstore - Featured Items

<https://st-george-greek-orthodox-church.square.site/>

## Donations

**We would like to express our deepest appreciation and gratitude for your support. It is through such acts of kindness that we can continue to grow our ministry.**

- [Stewardship contributions](#) – Can be mailed into our office or made through [PayPal](#)
- [One-Time Donations](#) – Can be made through our [new square site](#)

Please email or call the office if you have any questions 518-393-0742.

## St. George Parish Survey

Thank you for all those who filled out our Parish Survey.  
We appreciate any information you can provide us with.

### Parish Survey

**All of these links can be found on our home page.**

<http://www.saintgeorgegoc.com/>

**You may fill out a prayer form, donate, or our parish survey online.**

**THANK YOU**





## Welcome to St. George Greek Orthodox Church

### From the desk of Fr. Neofitos

#### Sunday of the Paralytic: "Do you want to be healed?"

*Ανέβη ὁ Ἰησοῦς εἰς Ἱερουσόλυμα, ἐπὶ τῇ Προβατικῇ κολυμβήθρα, τῇ λεγομένη κατὰ Ἰουδαίους Βηθεσδα, πέντε στοᾶς ἐχούσῃ· ἐν ταύταις γὰρ κατέκειτο πλῆθος τῶν ἀσθενούντων. Ἄγγελος γὰρ τοῦ Θεοῦ, κατὰ καιρὸν ἐπιφοιτῶν, διετάραττεν αὐτήν, καὶ ῥῶσιν ἐχαρίζετο τοῖς προσιοῦσιν ἐν πίστει. Καὶ ἰδὼν ὁ Κύριος χρονιοῦντα ἄνθρωπον, λέγει πρὸς αὐτόν· **Θέλεις ὑγιῆς γενέσθαι;** ὁ ἀσθενῶν ἀπεκρίνατο· Κύριε, ἄνθρωπον οὐκ ἔχω, ἵνα, ὅταν παραχθῇ τὸ ὕδωρ, βάλῃ με εἰς τὴν κολυμβήθραν· ἰατροῖς κατηνάλωσα τὸν ἅπαντά μου βίον, καὶ ἐλέους τυχεῖν οὐκ ἠξιώθην. Ἄλλ' ὁ ἰατρός τῶν ψυχῶν καὶ τῶν σωμάτων λέγει πρὸς αὐτόν· Ἄρὸν σου τὸν κρᾶββατον καὶ περιπάτει, κηρύττων μου τὴν δύναμιν, καὶ τὸ μέγα ἔλεος ἐν τοῖς πέρασιν.*

*Jesus went up to Jerusalem, to the pool by the Sheep Gate, which was called Bethesda by the Jews. It had five porticoes, and in these there lay a multitude of the sick. For at certain seasons, an Angel of God would go down into the pool and stir it up, and then good health would be granted to those who approached with faith. Now the Lord saw a man who had been sick for many years, and He said to him, **"Do you want to be healed?"** And the sick man replied, "Sir, I have no one to put me into the pool when the water is stirred up. I have spent all my livelihood on physicians, and no mercy has been afforded me." Then the Physician of souls and bodies said to him, "Take up your bed and walk. Proclaim my power and great mercy to the ends of the earth."*

The account of this great miracle is read from the Gospel of John. John is called the Theologian because of the many accounts of Jesus' divinity. Grand miracles such as the healing of the Paralytic, the Raising of Lazarus, the healing of the Blind Man. The above Doxastikon is chanted on the Vespers for the Sunday of the Paralytic. It is one of my favorite hymns to chant. (I know, I have many of those)

Our Lord asks the powerful question "Do you want to be healed?". This man was paralyzed and attempting to enter the Pool of Bethesda unsuccessfully for a very long time. He obviously wanted to be healed. Our Lord, who knows our hearts and is always working for our salvation, asked him this question for a reason. Our Lord and God respects our freedom and free will. He does not forcefully act on us.

Our choices lead us, many times, to a paralyzed state. He gave us the gift of life and free will. We also reap the fruits of this freedom. It's not that sin brought on this paralyzation necessarily, but it is by way of choice and will....by the man's desire the Lord performs this wondrous act. Many times in our lives, we feel paralyzed. Whether it be because of Coronavirus, our own addictions and shortcomings, being dealt a bad hand, holding grudges and hurting our relationships, etc. Our Lord is asking us just like He asked the Paralytic, "Do you want to be healed?". Is our desire there? That's the real question.

The good Lord is listening. He hears the pain of the paralytic. "Sir, I have no one to put me into the pool when the water is stirred up. I have spent all my livelihood on physicians, and no mercy has been afforded me." If you hear this part chanted, it sounds like a bitter confession. It is almost tearfully expressed in the Byzantine chant rendition. It nearly sounds like complaining. Our Lord is waiting to receive our pain also. Do we want to be healed? Do we turn to Him? Do we remember He is the source of life and light? Or do we turn proudly to ourselves. Do we pray? Do we dismiss the church He established?

When we turn to the Lord, miracles happen. Then the Physician of souls and bodies said to him, "Take up your bed and walk. Proclaim my power and great mercy to the ends of the earth." This phrase of "take up your bed" reminds me of "take up your Cross, and follow Me". Another act of free will. If we wish to lead a life in the Lord, we must take up our bed, take up our Cross, and follow Him. Willingly and willfully, take up our pallet and walk. What amazing power was displayed and demonstrated. What amazing power was imparted to the Paralytic. What amazing power and healing awaits us. This is an example of synergy. Our will and God's will working together to allow for His grace to work. Our will and desire always matter to God.

So often, many of us feel like this man, waiting at the pool for 38 long years. No one offering a helping hand. Waiting and living a life of sadness and pain. Our Lord and savior asks us constantly, "Do you want to be healed?" How do we answer? Do we ignore? Do we engage? Are we lukewarm? Are we still waiting for something? Where will help come from? Psalm 121 says "I will lift up my eyes to the hills — From whence comes my help? My help comes from the Lord, Who made heaven and earth". Do we desire His help?

My dear brothers and sisters, let us dare to say yes to our creator. Let us ask for healing. Let us take up our "beds" and walk. Let us proclaim his power to the world. We "know" the path. It is time we walk it. It is time to rise with the paralytic, take up all our struggles, and walk. Our God is pouring out His blessings on us. Let us shift our efforts to Him and offer praise and gratitude. Let us become His disciples and live the good news of the Resurrection.

In Christ,

Fr. Neofitos Sarigiannis



## Welcome to St. George Greek Orthodox Church

### Hymns of the Day

#### Resurrectional Apolytikion Tone Three

Εὐφραϊνέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

#### Apolytikion of St. George

Ὡς τῶν αἰχμαλώτων ελευθερωτῆς, καὶ τῶν πτωχῶν υπερασπιστῆς, ασθενοῦντων ἰατρὸς, βασιλέων υπέρμαχος, τροπαιοφόρε μεγαλομάρτυς Γεώργιε, πρέσβευε Χριστῷ τῷ Θεῷ θῆναι τὰς ψυχὰς ἡμῶν.

#### Κοντάκιον τοῦ Πάσχα

Εἰ καὶ ἐν τάφῳ κατήλθες Ἀθάνατε, ἀλλὰ τοῦ ἄδου καθεῖλες τὴν δύναμιν· καὶ ἀνέστης ὡς νικητῆς, Χριστέ ὁ Θεός, γυναξί Μυροφόροις φθελγᾶμενος, Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωροῦμενος, ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.

#### Resurrectional Apolytikion Tone Three

Let the heavens sing for joy, and let everything on earth be glad. For with His Arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy.

#### Apolytikion of St. George

Liberator of captives, defender of the Poor, physician of the sick, and champion of kings, O trophy-bearer, Great Martyr George, intercede with Christ God that our souls be saved.

#### Kontakion of Pascha

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

### Epistle and Gospel Readings

#### The Epistle According to Acts 9:32-42

Ἐν ταῖς ἡμέραις ἐκείναις, ἐγένετο Πέτρον διερχόμενον διὰ πάντων κατελθεῖν καὶ πρὸς τοὺς ἁγίους τοὺς κατοικοῦντας Λύδδαν. Εὔρε δὲ ἐκεῖ ἄνθρωπον τινα ὀνόματι Αἰνέαν ἐξ ἑπτῶν ὀκτῶ κατακείμενον ἐπὶ κρᾶβάτῳ, ὃς ἦν παραλελυμένος. Καὶ εἶπεν αὐτῷ ὁ Πέτρος· Αἰνέα, ἰᾶται σε Ἰησοῦς Χριστός· ἀνάστηθι καὶ στρώσον σεαυτῷ. Καὶ εὐθέως ἀνέστη. Καὶ εἶδον αὐτὸν πάντες οἱ κατοικοῦντες Λύδδαν καὶ τὸν Σάρωνα, οἳτινες ἐπέστρεψαν ἐπὶ τὸν Κύριον. Ἐν Ἰόππῃ δὲ τις ἦν μαθήτρια ὀνόματι Ταβιθά, ἣ διερμηνευομένη λέγεται Δορκάς· αὕτη ἦν πλήρης ἔργων ἀγαθῶν καὶ ἐλεημοσυνῶν ὧν ἐποίει. Ἐγένετο δὲ ἐν ταῖς ἡμέραις ἐκείναις ἀσθενήσασαν αὐτὴν ἀποθανεῖν· λούσαντες δὲ αὐτὴν ἔθηκαν ἐν ὑπερώῳ. Ἐγγὺς δὲ οὔσης Λύδδης τῇ Ἰόππῃ οἱ μαθηταὶ ἀκούσαντες ὅτι Πέτρος ἐστὶν ἐν αὐτῇ, ἀπέστειλαν δύο ἄνδρας πρὸς αὐτὸν παρακαλοῦντες μὴ ὀκνηῖσαι διελθεῖν ἕως αὐτῶν. Ἀναστὰς δὲ Πέτρος συνῆλθεν αὐτοῖς· ὃν παραγενόμενον ἀνήγαγον εἰς τὸ ὑπερῶον, καὶ παρέστησαν αὐτῷ πᾶσαι αἱ χῆραι κλαίουσαι καὶ ἐπιδεικνύμεναι χιτῶνας καὶ ἱμάτια ὅσα ἐποίει μετ' αὐτῶν οὔσα ἡ Δορκάς. Ἐκβαλὼν δὲ ἔξω πάντας ὁ Πέτρος καὶ θεὶς τὰ γόνατα προσηύξατο, καὶ ἐπιστρέψας πρὸς τὸ σῶμα εἶπε· Ταβιθά, ἀνάστηθι. Ἡ δὲ ἤνοιξε τοὺς ὀφθαλμοὺς αὐτῆς, καὶ ἰδοῦσα τὸν Πέτρον ἀνεκάθισε. Δοὺς δὲ αὐτῇ χεῖρα ἀνέστησεν αὐτήν, φωνήσας δὲ τοὺς ἁγίους καὶ τὰς χήρας παρέστησεν αὐτὴν ζῶσαν. Γνωστὸν δὲ ἐγένετο καθ' ὅλης τῆς Ἰόππης, καὶ ἐπίστευσαν πολλοὶ ἐπὶ τὸν Κύριον.

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.



## Welcome to St. George Greek Orthodox Church

### The Gospel is according to John 5:1-15

Τῷ καιρῷ ἐκείνῳ ἀνέβη ὁ Ἰησοῦς εἰς Ἱεροσόλυμα. ἔστι δὲ ἐν τοῖς Ἱεροσολύμοις ἐπὶ τῇ προβατικῇ κολυμβήθρα, ἡ ἐπιλεγομένη Ἑβραϊστὶ Βηθεσδα, πέντε στοὰς ἔχουσα. ἐν ταύταις κατέκειτο πλῆθος τῶν ἀσθενούντων, τυφλῶν, χωλῶν, ξηρῶν, ἐκδεχομένων τὴν τοῦ ὕδατος κίνησιν. ἄγγελος γὰρ κατὰ καιρὸν κατέβαινεν ἐν τῇ κολυμβήθρα, καὶ ἐταράσσετο τὸ ὕδωρ· ὁ οὖν πρῶτος ἐμβὰς μετὰ τὴν ταραχὴν τοῦ ὕδατος ὑγιῆς ἐγένετο ὃς δὴποτε κατείχεται νοσήματι. ἦν δὲ τις ἄνθρωπος ἐκεῖ τριάκοντα καὶ ὀκτὼ ἔτη ἔχων ἐν τῇ ἀσθενείᾳ αὐτοῦ. τοῦτον ἰδὼν ὁ Ἰησοῦς κατακείμενον, καὶ γνοὺς ὅτι πολὺν ἤδη χρόνον ἔχει, λέγει αὐτῷ· Θέλεις ὑγιῆς γενέσθαι; ἀπεκρίθη αὐτῷ ὁ ἀσθενῶν· Κύριε, ἄνθρωπον οὐκ ἔχω, ἵνα ὅταν ταραθῆ τὸ ὕδωρ, βάλλῃ με εἰς τὴν κολυμβήθραν· ἐν ᾧ δὲ ἔρχομαι ἐγὼ, ἄλλος πρὸ ἐμοῦ καταβαίνει. λέγει αὐτῷ ὁ Ἰησοῦς· Ἐγειρε, ἄρον τὸν κράβαττον σου καὶ περιπάτει. καὶ εὐθέως ἐγένετο ὑγιῆς ὁ ἄνθρωπος, καὶ ἦρε τὸν κράβαττον αὐτοῦ καὶ περιεπάτει. ἦν δὲ σάββατον ἐν ἐκείνῃ τῇ ἡμέρᾳ. ἔλεγον οὖν οἱ Ἰουδαῖοι τῷ τεθεραπευμένῳ· Σάββατόν ἐστιν· οὐκ ἔξεστί σοι ἄραι τὸν κράβαττον. ἀπεκρίθη αὐτοῖς· Ὁ ποιήσας με ὑγιῆ, ἐκείνός μοι εἶπεν· ἄρον τὸν κράβαττον σου καὶ περιπάτει. ἠρώτησαν οὖν αὐτόν· Τίς ἐστιν ὁ ἄνθρωπος ὁ εἰπὼν σοι, ἄρον τὸν κράβαττον σου καὶ περιπάτει; ὁ δὲ ἰαθεὶς οὐκ ᾔδει τίς ἐστιν· ὁ γὰρ Ἰησοῦς ἐξένευσεν ὄχλου ὄντος ἐν τῷ τόπῳ. μετὰ ταῦτα εὐρίσκει αὐτόν ὁ Ἰησοῦς ἐν τῷ ἱερῷ καὶ εἶπεν αὐτῷ· Ἴδε ὑγιῆς γέγονας· μηκέτι ἀμάρτανε, ἵνα μὴ χεῖρόν σοι τι γένηται. ἀπήλθεν ὁ ἄνθρωπος καὶ ἀνήγγειλε τοῖς Ἰουδαίοις ὅτι Ἰησοῦς ἐστιν ὁ ποιήσας αὐτόν ὑγιῆ.

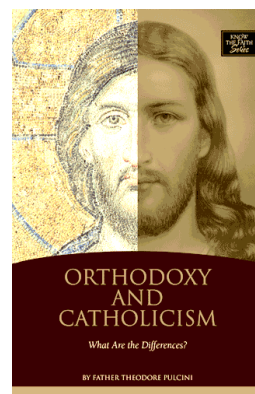
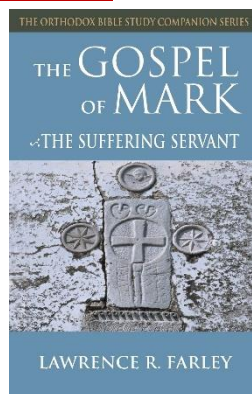
At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirtyeight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

## Introducing our NEW Bible Study/Book Club

Our Book Club Will Continue via Conference Call.  
Our next conference call will be on 5/11/2020 at 6:30pm.  
Dial-in number: (605) 313-5963 Access code:572515

Our Next Book for our Bookclub has arrived. The Gospel of Mark!!  
Order Now!

<https://st-george-greek-orthodox-church.square.site/>



## COMMUNITY NEWS

Mr. Spiro Mikropoulos, beloved husband of Rena, fell asleep in the Lord on April 15, 2020 at the age of 74. May his memory be eternal.

Congratulations to Jessica and Niko Verrigni on the birth of their daughter Arianna, granddaughter of Melissa Verrigni and great granddaughter of Helena Georgelas. Na sas Zisei!

## Upcoming Service Schedule 2020



## Welcome to St. George Greek Orthodox Church

### Streaming Services

1. [To watch our services online click here.](#) The faithful are asked to worship from home.
2. [To follow along with the service texts at Ages DCS click here.](#)
3. Our Book Club Will Continue via Conference Call on Mondays at 6:30pm.  
Dial-in number: (605) 313-5963 Access code: 572515  
Sundays Services: Orthros: 9:00 AM Divine Liturgy: 10:00 AM

### April

Thursday, April 30

\* 5:30pm Paraklesis to the Virgin Mary

### May

Saturday, May 2

\* 6:30pm Great Vespers

Sunday, May 3 – Sunday of the Myrrh-Bearing Women

\* 9am Orthros & 10am Divine Liturgy

Monday, May 4

\* 6:30pm Bible Study/ Book Club Conference Call (Dial-in number above)

Tuesday, May 5 – Irene the Great Martyr

\* 9am Orthros & 10am Divine Liturgy

Thursday, May 7

\* 5:30pm Paraklesis to the Virgin Mary

Saturday, May 9

\* 6:30pm Great Vespers

Sunday, May 10 – Sunday of the Paralytic - Mother's Day

\* 9am Orthros & 10am Divine Liturgy

Monday, May 11

\* 6:30pm Bible Study/ Book Club Conference Call (Dial-in number above)

Wednesday, May 13 – Mid-Pentecost

\* 9am Orthros & 10am Divine Liturgy

Thursday, May 14

\* 5:30pm Paraklesis to the Virgin Mary

Sunday, May 17 – Sunday of the Samaritan Woman

\* 9am Orthros & 10am Divine Liturgy

Monday, May 18

\* 6:30pm Bible Study/ Book Club Conference Call (Dial-in number above)

Thursday, May 21 - Sts. Constantine and Helen, Equal-to-the Apostles

\* 9am Orthros & 10am Divine Liturgy

\* 5:30pm Paraklesis to the Virgin Mary

Sunday, May 24 – Sunday of the Blind Man – Memorial Day weekend

\* 9am Orthros & 10am Divine Liturgy

Tuesday, May 26 – Leavetaking of Pascha - Απόδοσις τῆς Εορτῆς τοῦ Πάσχα

\* 9:30pm Orthros & 10:45pm Divine Liturgy – 12:30am (night service)

Thursday, May 28 – Holy Ascension

\* 9am Orthros & 10am Divine Liturgy

\* 5:30pm Paraklesis to the Virgin Mary

Sunday, May 31 – Sunday Fathers of the 1st Council

\* 9am Orthros & 10am Divine Liturgy

Monday, June 1

\* 6:30pm Bible Study/ Book Club Conference Call (Dial-in number above)

### June

Thursday, June 4

\* 5:30pm Paraklesis to the Virgin Mary

Saturday, June 6 – The Saturday of Souls

\* 9am Orthros & 10am Divine Liturgy & Memorial service

Sunday, June 7 – Holy Pentecost

\* 9am Orthros & 10am Divine Liturgy & Kneeling Vespers



## Welcome to St. George Greek Orthodox Church

### Liturgical Offerings: Koliva, Artoklasia, and other offerings

Dear Friends,

The Church of Saint George has several ecclesiastical needs for the upkeep of the liturgical practices of the year. You may make and bring these offerings on your own or order them through our office. Please contact our office if you wish to donate towards any of these items for the week or if you have any questions. All proceeds for offerings go to the church. A corresponding write up will be offered in the bulletin if the donor wishes.

#### **Divine Liturgy - for the Health of the Living and the Repose of the Departed**

During the Divine Liturgy the names of our loved ones are commemorated for their health and salvation and for the repose of the departed. Names for the living and the departed can be submitted to be commemorated during the Proskomidi at any time. In addition to names, you may also offer the Prosforo, Communion Wine and Altar Candles as a prayer for your loved ones. These are vital ingredients for every service during the liturgical year. You can bring these items yourself or we can provide them for you.

- **Communion Wine** - \$20 Donation
- **Altar Candles** for a week (ακοίμητων) - \$20 Donation
- **Prosforo** - \$20 Donation

#### **Koliva - Memorial for the Departed**

Koliva is offered in memory of our loved ones as a prayer for the repose and salvation of their souls on the following days:

- 40 Day Memorial
- 1 Year Memorial
- Annual Memorial
- Soul Saturday's - for all our family members and friends who have departed. The Church has established 3 Soul Saturdays at the beginning of the Triodion and 1 on the Saturday before Pentecost

We can make Koliva for you if you place an order with the office. **A large tray is \$100.**

#### **Artoklasia - Prayers for the Health of the Living**

Artoklasia (the breaking of the five loaves) is a festive celebration of a Saint's Feast Day and is offered for the health and salvation of the living on the following days:

- On the name day of an individual
- In honor of a saint that we especially revere
- On the feast day of our church

We can make Artoklasia for you if you place an order with the office. **The cost will be \$50.**



### The Friends of St. George

Christos Anesti! Christ Is Risen!

Hello my friends. I miss you all more than you know. I yell sometimes but this is just my "tough love". The "Friends of St. George" need us all now more than any other time. The money raised by "Friends of St. George" is used to buy things for the church. The first thing the "Friends" did was purchase the carpeting in the church, and the last thing we bought was the beautiful Gospel Stand. Your donations are very much appreciated now more than ever. You can donate \$1 to \$1 million. You always get a receipt. If you would like to remain "anonymous" that's okay too; but you will still have a receipt. If you need any more information about all the other things the "Friends of St. George" have purchased for the church, please get in touch with me. I thank everyone who has supported us so generously over the years. May God bless you all.

With love in Christ,  
Gladys Paravalos







## Welcome to St. George Greek Orthodox Church

### The Feast of Saint George the Triumphant



**We missed you all greatly. We await your return. Our "feasting" will definitely reach new heights when our doors will safely open again.**

### The Pentecostarion: Upcoming Sundays

The Pentecostarion (also known as the Flowery Triodion or Festal Triodion) is the service book of the Orthodox Church that provides the texts for the moveable portions of the divine services from Pascha through the feast of All Saints (the Sunday following Pentecost). [orthodoxwiki.org](http://orthodoxwiki.org)

#### **Fourth Sunday of Pascha: The Paralytic**

The fourth Sunday is dedicated to Christ's healing of the paralytic, from the Gospel of St John (5). The man is healed by Christ while waiting to be put down into the pool of water. The Church reminds the faithful that through baptism in the church we, too, are healed and saved by Christ for eternal life. Thus, in the church, we are told, together with the paralytic, to sin no more that nothing worse befall you" (John 5:14).

#### **Wednesday of the Fourth Week after Pascha: Mid-feast of Pentecost**

Wednesday of the Fourth Week, thus the 25th day of Pascha, is called the feast of Mid-Pentecost, at which Christ, "in the middle of the feast" teaches men of his saving mission and offers to all "the waters of immortality", from the Gospel of St. John (7:14). Again the faithful are reminded of the Master's presence and his saving promise: "If anyone is thirsty let him come to me and drink" (John 7:37). There are three Old Testament readings appointed for Vespers; but, uniquely, no Matins Gospel. In some places an All-Night Vigil is celebrated for this feast, though a Vigil is not called for in the Typicon. At the Divine Liturgy, the reading from the Apostle is Acts 14:6-18, from the Gospel, John 7:14-30. The icon of the feast depicts the young Jesus in the Temple in Jerusalem speaking with the Elders (Luke 2:46-47), the first biblical example of Jesus as teacher (rabbi). In traditional Orthodox icons of this subject, the figure of Jesus is depicted larger than those of the Elders, showing his superior spiritual status. Mid-Pentecost has an Afterfeast of seven days with its apodosis. Throughout these eight days (including the day of the feast) hymns of Mid-Pentecost are joined to those of the Paschal season.

#### **Fifth Sunday of Pascha: The Samaritan Woman**

The fifth Sunday of Easter deals with the woman of Samaria with whom Christ spoke at Jacob's Well from the Gospel of St John (4). Again the theme is the "living water" and the recognition of Jesus as God's Messiah (John 4:10-11; 25-26). This



## Welcome to St. George Greek Orthodox Church

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is a reminded of new life in Christ, of drinking of the "living water," of true worship of God in the Christian messianic age "in Spirit and in Truth" (John 4:23-24). Salvation is offered to all: Jews and Gentiles, men and women, saints and sinners.

### **Sixth Sunday of Pascha: The Blind Man**

The sixth Sunday commemorates the healing of the man blind from birth. The Gospel of St John(9) tells how Jesus used clay of spittle and told the man to wash in the waters of Siloam. He did so because it was the Sabbath day on which spitting, clay-making and washing were strictly forbidden. By breaking these ritual laws of the Jews, Jesus showed that he is indeed the Lord of the Sabbath, and, as such, that he is equal to God the Father Who alone, according to Jewish tradition, works on the Sabbath day in running his world. A reminder that the Lord has anointed our eyes with his own divine hands and washed them with the waters of our baptism.

### **Leavetaking of Pascha**

Pascha has its Leavetaking on the thirty-ninth day, Wednesday of the sixth week of Pascha. In some traditions, the services of the day are celebrated as on the day of Pascha itself, although the daily readings from Holy Scripture differ. After the Dismissal at the Liturgy, the paschal hymns are no longer sung, while the prayer "O Heavenly King" is not said or sung until Pentecost.

### **Ascension of Our Lord**

On the fortieth day after his Passover, Jesus ascended into heaven to be glorified on the right hand of God. The Ascension of Christ is his final physical departure from this world after the resurrection. It is the formal completion of his mission in this world as the Messianic Savior. It is his glorious return to the Father who had sent him into the world to accomplish the work that he had given him to do (John 17:4-5).

### **Seventh Sunday of Pascha: Fathers of the 1st Ecumenical Council**

On the seventh Sunday of Pascha, we commemorate the holy God-bearing Fathers of the First Ecumenical Council.

### **Holy Pentecost**

Pentecost is the fulfillment of the Christ's mission and the beginning of the messianic age of the Kingdom of God mystically present in this world in the Church of the Messiah. The fiftieth day stands as the beginning of the era which is beyond the limitations of this world, fifty being that number which stands for eternal and heavenly fulfillment in Jewish and Christian mystical piety: seven times seven, plus one.

### **Sunday of All Saints**

The Sunday following Pentecost is dedicated to All Saints, both those who are known to us, and those who are known only to God. There have been saints at all times, and they have come from every corner of the earth. They were Apostles, Martyrs, Prophets, Hierarchs, Monastics, and Righteous, yet all were perfected by the same Holy Spirit. The descent of the Holy Spirit makes it possible for us to rise above our fallen state and to attain sainthood, thereby fulfilling God's directive to "be holy, for I am holy" (Lev. 11:44, 1 Peter 1:16, etc.). Therefore, it is fitting to commemorate All Saints on the first Sunday after Pentecost.

## **Saint George Greek Orthodox Church Info**

**2020 PARISH COUNCIL:** Brian Goodale, President; Maria Dostis, Vice President; Alexandra Casey, Treasurer; Scott Morlock, Secretary; Roubina Morgan, Lucy Brady, Dimitri Koutsopoulos

Office: (518) 393-0742 Fax: (518) 393-4093

website: [www.saintgeorgegoc.com](http://www.saintgeorgegoc.com) email: [office@saintgeorgegoc.com](mailto:office@saintgeorgegoc.com)

Reverend Father Neofitos Sarigiannis [frneofitos@saintgeorgegoc.com](mailto:frneofitos@saintgeorgegoc.com)

107 Clinton Street Schenectady, NY 12305

Office Hours: Monday - Thursday 9 AM – 2 PM Parish Office closed on Friday

**Watch our Services Live!** <https://www.facebook.com/SaintGeorgeNY/>  
**Light a Candle and Say a Prayer!** <https://st-george-greek-orthodox-church.square.site/>



## Welcome to St. George Greek Orthodox Church

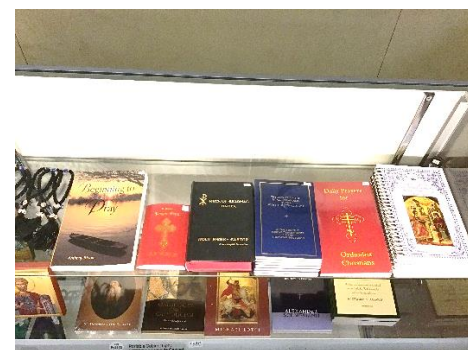
### COMING SOON – St. George Bookstore

Our new bookstore will open once the church will open to the faithful again. If you wish to order any items, please give the office a call and we can help you.

### ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ!

Christ is Risen – Indeed He is Risen – in different languages

**Albanian:** Krishti Ungjall! – Vertete Ungjall!  
**Chinese:** Helisituosi fuhuole! – Qeshi fuhuole!  
**Coptic:** Pikhirstof aftonf! – Khen o methni aftonf!  
**Czech:** Kristus vstal zmrtyv'ch! – Skutec ne vstal!  
**Danish:** Kristus er opstanden! – Ja, sandelig opstanden!  
**Dutch:** Christus is opgestaan! – Hij is waarlijk opgestaan!  
**English:** Christ is Risen! – Indeed, He is Risen!  
**Estonian:** Kristus on surnuist ülestõusnud! – Tõesti ülestõusnud!  
**Finnish:** Kristus nousi Kuolleista! – Totisesti Nousi!  
**French:** Christ est Ressuscité! – En Vérité, Il est Ressuscité!  
**Gaelic:** Erid Krist! – G'deya! n erid she!  
**Irish Gaelic:** Tá Críosa ar éirigh! – Go deimhin, tá e ar éirigh!  
**Scots' Gaelic:** Tha Críosa air èiridh! – Gu dearbh, tha e air èiridh!  
**Greek:** ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ! Christos Anesti! – Alithos Anesti!  
**Hebrew:** Ha Mashiyach qam! – Ken hoo qam!  
**Hungarian:** Krisztus feltámadt! – Valóban feltámadt!  
**Italian:** Cristo è risorto! – È veramente risorto!  
**Japanese:** Harisutosu Fukkatsu! – Jitsu Ni Fukkatsu!  
**Latin:** Christus resurrexit! – Vere resurrexit!  
**Norwegian:** Kristus er opstanden! – Han er sannelig opstanden!  
**Polish:** Khristus Zmartvikstau! – Zaiste Zmartvikstau!  
**Portugese:** Christo Ressuscitou! – Em Verdade Ressuscitou!  
**Romanian:** Hristos a Inviat! – Adevarat a Inviat!  
**Russian:** Khristos voskres! – Voistinu voskres!  
**Serbian:** Hristos Vaskrese! – Vaistinu Vaskrese!  
**Slavonic:** Christos Voskrese! – Voistinu Voskrese!  
**Slovak:** Kristus vstal zmr'tvy'ch! – Skutoc ne vstal!  
**Spanish:** Cristo ha resucitado! – Verdaderamente ha resucitado!  
**Ukranian:** Kristos Voskres! – Voistinu voskres!  
**Welsh:** Atgyfododd Crist! – Atgyfododd in wir!



### Ahepa

Xristos Anesti to all!

We would like to extend our deepest sympathies to the Mikropoulos family. Spiro was a great man, a generous person with a big heart. He was a long-time member of Saint George, and a brother and friend to all of us. He will be truly missed. May his memory be eternal. The AHEPA brothers have been keeping in touch with one another during quarantine. We unfortunately had to postpone our tri-ahepa Golf Tournament until next year. We are planning a meeting via ZOOM this Monday evening at 7:30pm to catch up with one another and determine a set of goals we can accomplish mid-year, even with social distancing guidelines in place. We encourage active members to participate. We wish everyone in our community a safe and happy Mother's Day. A big Thank You to all the moms and moms to be! May God bless all of us and keep us safe during this difficult time. Our AHEPA brotherhood is here if anyone needs any support of any kind. Please contact myself 518-857-2669 or my Vice President James Gaminde (518) 723-0546

Love,

Phil Menagias



## Welcome to St. George Greek Orthodox Church

### Philoptochos News

Christos Anesti! Christ Is Risen!

The COVID-19 pandemic continues to impact our lives day after day. It has now been seven weeks since our world turned upside down. It is vitally important that we continue to reach out to our family members, friends and members of our St. George community, particularly those who live alone or are in poor health. During this time of isolation and social distancing, a phone call, a card, a note, a text, or an email all communicate "you are not alone...we are in this together". Of course, we are never truly alone for God is with us always.

We are so blessed to have Father Neofitos and Presvytera Catherine in our St. George family. The ability to watch live stream services in our church is yet another blessing during this difficult time. How comforting it was to worship along with Father and Presvytera during the solemn services of Holy Week and then celebrate the joy of Christ's Holy Resurrection on Pascha. The flowers that adorned the church were breathtakingly beautiful!

The charitable giving of our St. George Philoptochos continues even though we cannot meet in person. For the month of April, our chapter made the following donations: International Orthodox Christian Charities, Sisterhood of Saint Basil Academy, Hellenic College/Holy Cross Scholarship Fund, Multiple Sclerosis Society, Northeast Parent & Child Society, and City Mission of Schenectady. Two weeks ago, our church office was contacted by a registered nurse who works at Ellis Hospital. She was contacting area churches seeking donations of "prayer blankets" which would be given to critically ill patients and those suffering from the COVID-19 virus. Unable to have visitors, patients are given these blankets as a means of comfort. Our St. George Philoptochos "answered the call". All the hand crocheted lap afghans in our Boutique were purchased by an anonymous donor and given in the name of Philoptochos to Ellis Hospital. Each blanket was individually packaged and included a card which read "We are keeping you in our prayers. May God bless and keep you in His care". We offer our heartfelt thanks to all the frontline health care professionals and ask that you keep them and all essential workers in your prayers.

REMINDER: If you have not done so, please pay your 2020 member dues by sending a check to the church office for \$30.00 (minimum) payable to: Ladies Philoptochos Society. As of the printing of this bulletin, only 16 members have paid their dues!!



### FELLOWSHIP NEWS

**Χρήστος Ανέστη! Christ is risen! Αληθώς ανέστη! Truly he is risen! Eliana Georgelos**

2020 has brought us a very unusual and often challenging period of time during which we spent Lent, Holy Week and Pascha in our homes rather than in our church. The last time we were together for a Sunday Divine Liturgy was on March 15th, more than seven weeks ago. The next day, the COVID-19 virus forced us to begin practicing social distancing, so Book Club on the evening of March 16th was held via conference calling rather than in church. Under the guidance and direction of our Archbishop Elpidophoros, all church services were closed to parishioners. Only the priest, chanter and occasionally one or two essential assistants were permitted to be in church, not only to allow for the continuation of services to the faithful, but also for everyone's safety. Live streaming was put into place and thus began our new way of life.

The Fellowship group prays that we will all be able to see each other again soon. Although we haven't been able to be together in person, Fellowship members continue to keep in touch via phone calls, emails and texts. We are a loving group who cares very much for one another, and we thank God that we all continue to be well. However, we mourn the loss of our beloved friend, Spiro Mikropoulos, the owner of the Bellevue Cafe. Spiro succumbed to the virus on April 15th. Our group had enjoyed many lunch meetings at the Cafe and most recently our Christmas party was held there as well. Spiro was always a generous and gracious host and we will miss him terribly. Our deepest sympathy is extended to his wife Rena, his children and his grandchildren. May his memory be eternal!

During Holy Week and beyond, our church has been decorated with many lovely floral arrangements. Each day of Holy Week, the various icons of the day were adorned with fresh flowers. The Fellowship group donated the flowers for the Holy Saturday morning icon of the Proti Anastasi. Additionally, many Fellowship members individually made donations



## Welcome to St. George Greek Orthodox Church

to beautify not only other icons of the day, but also the Kouvouklion housing the Epitaphio, which Evan and Elaine Euripidou so beautifully decorated. We thank our members and all other St. George parishioners for their generosity.

Our Fellowship group has not met together since our March 11th meeting. At that time, dues were collected. We ask those of you who were not able to pay your annual \$25 dues on that day to please do so if possible. Checks made out to St. George Fellowship may be sent to the church at 107 Clinton Street to the attention of Eliana. In addition to this reminder about dues, we ask all our Fellowship members to please be as generous as possible to our beloved church of St. George, either through extra donations or by increasing your annual pledge. And if you haven't sent your pledge in as yet, please do so. Financial hardships during this crisis are affecting us all and our church is no exception. Monetary support is needed now more than ever. Please do whatever you can to help St. George survive.

In the weeks since our quarantine began, Father Neofitos and Presvytera Catherine have kept us all connected through our church services, and for that we are so grateful. Those of us with WiFi have continued "going to church" together via live streaming. Many Fellowship members have enjoyed frequent communication with one another during Holy Week, Pascha and Bright Week where we have discussed the beauty of the various services, Father's sermons (always edifying!), and Presvytera's angelic chanting. How difficult it must be for them, this first year of their ministry to St. George, to be officiating at each service in an empty church! We are immensely appreciative to them both for keeping our Orthodox faith alive through the Divine Liturgies, Great Vespers and Paraklesis services. They have touched us all in unimaginable ways by being there for us to glorify God through their prayers. We also thank Father and Presvytera for showing their love and concern for our community by reaching out to so many of us with texts and phone calls. You both are much loved and appreciated!

We wish all St. George parishioners good health and fervently pray that God protects us from this horrible virus. May He give strength and perseverance to doctors and health care workers, and wisdom and enlightenment to the scientists who are working to produce a vaccine that will prevent the virus from ever recurring. As difficult as our new way of life is now, let us rejoice in the goodness we have seen in so many who are helping others less fortunate than themselves. And we must also remind ourselves that this trying and sometimes frightening time is only temporary. Through God's mercy, this too shall pass.

### St. George Ministry Leaders

Altar Servers	Fr. Neofitos Sarigiannis	<a href="mailto:frneofitos@saintgeorgeoc.com">frneofitos@saintgeorgeoc.com</a>
Bookstore	Presvytera Catherine Sarigiannis Gladys Paravalos	<a href="mailto:csarigiannis22@gmail.com">csarigiannis22@gmail.com</a> <a href="mailto:Gladys1717p@aol.com">Gladys1717p@aol.com</a>
Bible Study/ Book Club	Fr. Neofitos Sarigiannis	
Choir/Chanters	Olga Delorey	<a href="mailto:odelorev@nvcap.rr.com">odelorev@nvcap.rr.com</a>
Church Ushers	Brian Goodale	<a href="mailto:brian.goodale@outlook.com">brian.goodale@outlook.com</a>
Epistle Readers	Fr. Neofitos Sarigiannis	
Fellowship Group	Eliana Georgelos	<a href="mailto:ggeorgelos@nvcap.rr.com">ggeorgelos@nvcap.rr.com</a>
Friends of St. George	Gladys Paravalos	
Ladies Philoptochos Society	Olga Delorey	
Office Manager and Facilities Staff	Camille Kosloski	<a href="mailto:office@saintgeorgeoc.com">office@saintgeorgeoc.com</a>
Order of AHEPA	Phil Menagias	<a href="mailto:p_menagias@hotmail.com">p_menagias@hotmail.com</a>
Parish Council Members	Brian Goodale	
Soup Kitchen	Olga Delorey	
Stewardship	Lucy Brady	<a href="mailto:Lukia@nvcap.rr.com">Lukia@nvcap.rr.com</a> <a href="mailto:Dafnia3@yahoo.com">Dafnia3@yahoo.com</a>
Sunday School Teachers and Assistants	Fr. Neofitos Sarigiannis	
"Thursday Morning Boys" Building and Grounds Volunteers	Steve Giakoumis	518-372-4476
Youth Group Leaders and Volunteers: Angels/HOPE/JOY and GOYA	Lucy Goodale Toni Kananis Anna Morlock	<a href="mailto:lg1010@live.com">lg1010@live.com</a> <a href="mailto:anna217m@aol.com">anna217m@aol.com</a>



# WELCOME TO OUR FAMILY

**2020 Stewardship Pledges:** We are grateful for those members listed below who have submitted their 2020 stewardship pledge as of May 3, 2020. Thank all for your contributions to our church, especially during this time. Your continued and consistent support will help our ministries and vision.

Mr. & Mrs. Paul Antonovich & Family	Ms. Renee Euripidou	Mr. & Mrs. Phil McGowen
Mr. John Behiri	Mr. Arthur Georgelas	Mr. & Mrs. Angelo Menagias
Ms. Susan Birbilis	Mrs. Helena Georgelas	Mrs. Anna Menagias
Mrs. Lucy Brady & Family	Mr. Nicholas Georgelas	Mr. & Mrs. Jerry Menagias
Mr. & Mrs. Sam Bratsos	Mrs. Eliana Georgelos	Ms. Maria Menagias
Mrs. Ifigenia Brown	Mr. & Mrs. Brian Goodale & Family	Mr. & Mrs. Scott Morlock & Family
Ms. Arji Cakouros	Mr. & Mrs. Dimitri Grivas	Mr. & Mrs. Evangelos Nikolaidis
Mr. & Mrs. Patrick Casey & Family	Mr. Periklis Hais	Mr. Simeon Nikolaidis
Mr. & Mrs. Peter Chamberas	Mr. & Mrs. Daniel Holdsworth	Mrs. Katherine Orfan
Mr. Andreas Christou &	Mrs. Frusina Ica Iancu	Mr. & Mrs. Paul Pagiotas
Ms. Sophia Shakolas	Mr. Philip James	Mr. & Mrs. Nick Paravalos
Ms. Ariana Christou	Mr. & Mrs. Thomas Jones & Family	Mr. & Mrs. Frank Rossetti
Mr. & Mrs. Euripides Christou	Mrs. Catherine Julius	Fr. Neofitos & Pres. Sarigiannis
Ms. Catherine Contompasis	Mr. & Mrs. Peter Kalil	Mr. & Mrs. Gerasimos Sokaris &
Mrs. Catherine Contompasis	Ms. Antonia Kananis	Family
Ms. Constance Contompasis	Mrs. Fanny Karamanos	Mrs. Roubina Spyros-Morgan
Mr. & Mrs. Emanuel Contompasis &	Mr. & Mrs. Hari Kingra & Family	Mrs. Stavroula Stamoulis
Family	Mr. Charles Koines	Mr. & Mrs. Van Stathis
Ms. Demetra Corsones	Mrs. Katina Kontakos	Mrs. Olga Stryjski
Mr. & Mrs. George Cotzas	Ms. Kaliopi Kounoupis	Mr. & Mrs. Adam Svokos
Mrs. Rena Counavelis	Mrs. Voula Kounoupis	Mrs. Themetria Svolos
Mrs. Marianne Crary	Mr. & Mrs. Steven Kouray	Ms. Angela Theodore
Mr. & Mrs. Chris Dafniotis	Ms. Barbara Koutsakis	Ms. Melissa Verrigni
Ms. Olga Delorey	Mr. & Mrs. David Lambert	Mr. & Mrs. Niko Verrigni & Family
Ms. Joanne Diamantis	Mr. & Mrs. Trifon Laskaris	Mr. & Mrs. Brian Whipple & Family
Mrs. Katina Dikas & Family	Mr. & Mrs. Paul LaViolette	Mrs. Mary Wilson
Mrs. J. Maria Dostis-Koliatsis	Mr. William Manikas	Mr. & Mrs. Steve Zanaros
Mrs. Marguerite Doulides	Mrs. Cathy Marco	Mrs. Anastasia Zoulas
Mr. & Mrs. Brad Engwer & Family	Mrs. Akriki Markopoulos	Mrs. Mary Zoulas
Mr. & Mrs. Michael Euripidou	Mr. & Mrs. William McDonald & Family	

## Why is Church and Stewardship Church Important to me?

Church is important to me as I try to make it the foundation of all I do. It is the vehicle to bring me closer to God and God's ways. I have learned over the years that material things are not what is important in the eyes of God. Although material things can give us joy and pleasure, it is no comparison to what is waiting for us in Heaven. Church is a place to go for spiritual awareness and renewal. Through the sacraments of the church, I feel like I have grown closer and closer to God and his teachings. Stewardship is important as well because it is a reminder of what our responsibilities are in terms of giving to our church. What we have we have not obtained on our own but it is what God has allowed us to have. Through Pledging and giving of our Time and Talents, we set a good example of being in good standing with the Church. St. George is special to me as I have grown spiritually over the years and the parishioners are like family. It warms my heart to see how Christina has grown in this church and the connection she has made the Faith.

Lucy Brady

# St. George Youth Corner

**Welcome to St. George's Youth corner!**

**From your youth Advisers – Lucy Goodale and Anna Morlock**

We miss seeing everyone and look forward to the time we can have events in person again. In order to stay connected please join our weekly zoom meetings with Fr. Neofitos on Wednesdays for a short spiritual lesson. Ages 4-12 meet Wednesday's from 5:30pm-6pm and Ages 13 and 18+ meet at 6pm. We send reminders through email and the remind app. To join the email Youth list please email Lucy Goodale at [LGoodale7@gmail.com](mailto:LGoodale7@gmail.com). Reminders and important Youth information are also sent through the Remind app. Please join our remind class using the link below or the class code.

<https://www.remind.com/join/f3fh94e> or use class code@f3fh94e

We are excited to be sharing minilessons, videos, puzzles, and crosswords with you each week. Join us on zoom for a youth video conference on Wednesdays. Ages 4-12 meet at 5:30pm and ages 13+ meet at 6pm. To join our list please email Lucy Goodale at [lgoodale7@gmail.com](mailto:lgoodale7@gmail.com). We will need your cell phone # and email.

## Be the Bee

Be the Bee focuses on the beauty that God has put in everyone and everything.

Watch Be the Bee on youtube.

Go to the official YouTube channel of Y2AM (Orthodox Christian Youth & Young Adult Ministries).

[https://www.youtube.com/playlist?list=PLbyQMR-r8bJTrcWpWxSUPdJHdZJsq\\_zG](https://www.youtube.com/playlist?list=PLbyQMR-r8bJTrcWpWxSUPdJHdZJsq_zG)



## Who healed you?

Do you ever make lists so you can remember to do something? Maybe you see your parents write lists—for groceries, for appointments, for bills, and so on. They do that so they will remember to do something important, right?

Well, today when we hear the Gospel, we can really try to remember to do something important too! Today we hear the gospel about the man who could not walk for 38 years. Sadly, he did not have anybody to help him be healed.

But one day, Jesus came, and He asked the man, "Do you want to be healed?" Then He told him, "Rise, take up your bed and walk!" And instantly the man could walk! Suddenly, after 38 years, he was completely healed. Lots of people were amazed, and they asked the man who had made him better. The man told everybody that it was Jesus Christ who had healed him.

Sometimes when we are sick, or when a friend or a relative is sick, we remember to ask God to help us. We ask God to make us—or our friend—better. But then, when we're all better, we forget to thank God!

Let's try to be like the man in the gospel today. When he could walk again, he didn't keep it all to himself. He remembered to tell others that it was Christ who healed him! Let's remember to thank God!

<https://myocn.net/orthodox-christian-childrens-newsletter/>



# Welcome to St. George Greek Orthodox Church

May 2020						
◀ April						June ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
<b>3</b> Sunday of the Myrrh-Bearing Women 9AM Orthros 10AM Divine Liturgy	<b>4</b> 6:30 PM Book Club/Bible Study Conference Call	<b>5</b> Irene the Great Martyr 9AM Orthros 10AM Divine Liturgy	<b>6</b> Youth Meeting Call Ages 4-12 5:30pm-6pm Ages 13 and 18+	<b>7</b> 5:30 PM Paraklesis to the Virgin Mary	<b>8</b>	<b>9</b> 6:30 PM Great Vespers
<b>10</b> Sunday of the Paralytic Mother's Day 9AM Orthros 10AM Divine Liturgy	<b>11</b> 6:30 PM Book Club/Bible Study Conference Call	<b>12</b>	<b>13</b> Mid Pentecost 9AM Orthros 10AM Divine Liturgy Youth Meeting Call Ages 4-12 5:30pm-6pm Ages 13 and 18+	<b>14</b> 5:30 PM Paraklesis to the Virgin Mary	<b>15</b>	<b>16</b>
<b>17</b> Sunday of the Samaritan Woman 9AM Orthros 10AM Divine Liturgy	<b>18</b> 6:30 PM Book Club/Bible Study Conference Call	<b>19</b> 6:30 PM Parish Council meeting - Digital	<b>20</b> Youth Meeting Call Ages 4-12 5:30pm-6pm Ages 13 and 18+ 6:30 PM Festival Meeting Digital	<b>21</b> Sts. Constantine & Helen, Equal-to-the-Apostles 9AM Orthros 10AM Divine Liturgy 5:30 PM Paraklesis to the Virgin Mary	<b>22</b>	<b>23</b>
<b>24</b> Sunday of the Blind Man 9AM Orthros 10AM Divine Liturgy Memorial Day Weekend	<b>25</b>	<b>26</b> Apodosis of Pascha 9:30 PM Orthros & 10:45 PM Divine Liturgy 12:30 AM (Night Service)	<b>27</b> Youth Meeting Call Ages 4-12 5:30pm-6pm Ages 13 and 18+	<b>28</b> Holy Ascension 9AM Orthros 10AM Divine Liturgy 5:30 PM Paraklesis to the Virgin Mary	<b>29</b>	<b>30</b>
<b>31</b> Sunday of the 1 <sup>st</sup> Council 9AM Orthros 10AM Divine Liturgy						