

# On Sunday, March 19, 2017 we commemorate: Sunday of the Holy Cross The Holy Martyrs Chrysanthus and Daria Demetrios the New Martyr



## <u>Άπολυτίκιον Άναστάσιμον</u>

Άγγελικαὶ Δυνάμεις ἐπὶ τὸ μνῆμά σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν Ἅδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήντησας τῆ Παρθένῳ, δωρούμενος τὴν ζωήν, ὁ ἀναστὰς ἐκ των νεκρῶν, Κύριε δόξα σοι.

#### Δόξα. Τοῦ Σταυροῦ.

Σῶσον, Κύριε, τὸν λαὸν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

## Troparion of St. George

Ως τών αιχμαλώτων ελευθερωτής, καίτώνπτωχών υπερασπιστής,ασθενούντων ιατρός, βασιλέωνυπέρμαχος, τροπαιοφόρε μεγαλομάρτυςΓεώργιε, πρέσβευε Χριστώ τώ Θεώθήναι τάς ψυχάς ημών.

## Κοντάκιον

Τἤ ὑπερμάχωστρατηγῷ τὰνικητήρια, ὡςλυτρωθεῖσα τῶνδεινῶνεὐχαριστήρια, ἀναγράφω σοι ἡ ΠόλιςσουΘεοτόκε. Ἀλλ' ὡςἔχουσα τὸκράτος ἀπροσμάχητον, ἐκ παντοίων με κινδύνωνἐλευθέρωσον, ἵνα κράζωσοι Χαῖρενύμφηἀνύμφευτε.

#### **Resurrectional Apolytikion**

When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You.

#### Glory. For the Cross.

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

## **Troparion of St. George**

Liberator of captives, defender of the Poor, physician of the sick, and champion Of kings, O trophy-bearer, Great Martyr George, intercede with Christ God that our souls be saved.

## **Kontakion**

O Champion General, I your City now ascribe to you \* triumphant anthems as the tokens of my gratitude, \* being rescued from the terrors, O Theotokos. \* Inasmuch as you have power unassailable, \* from all kinds of perils free me so that unto you \* I may cry aloud: \* Rejoice, O unwedded Bride.

#### St. Paul's Letter to the Hebrews 4:14-16; 5:1-6



BRETHREN, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."



### The Gospel according to Mark 8:34-38; 9:1

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

# **CHILDREN'S SUNDAYS**

Beginning on April 2<sup>nd</sup>, and continuing on the first Sunday of every month, Fr. Sean will be presenting a Children's Sermon for all of our parish children. Please pass the news on and bring your kids, grandchildren, godchildren, nieces, and nephews and have them sit up in the first few pews, as Father will be speaking directly to them. The Liturgy on those days will be mostly in English to accommodate our young people so that they may understand the Liturgy better. This is a good way to get our kids involved and have them feel as though they are a major part of our community of faith. Please get them here on time! If they show up after the Gospel reading they will miss the lesson of the day!

# **BIBLE STUDY**

Bible Study/Orthodoxy Class will be the first and third Mondays of each month.

Class will be held in the upstairs classroom in the Hellenic Center.

Father Sean will offer each Study at 11:00 AM and 6:00 PM, in order to give people a choice of which time is convenient for them. The same material will be presented at both sessions.

#### PARISH INFORMATION

St. George Greek Orthodox Church 107 Clinton Street Schenectady, NY 12305 Tel: (518) 393-0742 Parish E-mail: office@saintgeorgegoc.com Parish Website: www.saintgeorgegoc.com

Orthros: 9:00 AM Divine Liturgy: 10:00 AM Rev. Fr. Demetrios Sean Govostes, Proistamenos

Office Hours: Monday-Thursday 9 AM – 2 PM Parish Office closed on Friday

## **Church User Assignment**

Fax: (518) 393-4093

**Sunday, March 19, 2017 - Team D** Gladys Paravalos, Steve Giakoumis, Steve Markopoulos, Antonia Kananis, Morgan Gazetos

Sunday, March 26, 2017 - Team A Charles Koines, Norina McGowen, Phil McGowen, Bill Manikas, Pete Kalil

## **March Events**

| Sunday, March 19, 2017    | 9:00 AM Orthros                                   |
|---------------------------|---|
|                           | 10:00 AM Divine Liturgy - Veneration of the Cross |
| Monday, March 20, 2017    | 11:00 AM Bible Study                              |
|                           | 6:00 PM Bible Study                               |
| Tuesday, March 21, 2017   | 6:30 PM Festival Planning Meeting                 |
| Wednesday, March 22, 2017 | 6:00 PM Presanctified Liturgy                     |
| Friday, March 24, 2017    | 6:00 PM Great Vespers                             |
| Saturday, March 25, 2017  | 10:00 AM Divine Liturgy - Annunciation            |
| Sunday, March 26, 2017    | 9:00 AM Orthros                                   |
|                           | 10:00 AM Divine Liturgy                           |
| Tuesday, March 28, 2017   | 10:00 AM Soup Kitchen Preparation                 |
|                           | 12:00 PM Soup Kitchen Serve                       |
|                           | (Sponsored by Olga Delorey in Memory of           |
|                           | Theresa Yavornicky)                               |
| Wednesday, March 29, 2017 | 10:00 AM Presanctified Liturgy                    |
| Friday, March 31, 2017    | 5:00 PM Salutations - Akathist Hymn               |