



SUNDAY

BULLETIN

Saint George Greek Orthodox Church
Father Neofitos Sarigiannis frneofitos@saintgeorgegoc.com
www.saintgeorgegoc.com

Sunday of the Holy Cross

March 22, 2020



We celebrate Basil the Holy Martyr of Ancyra, Kalliniki & Vassilisa the Martyrs,
Euthemios the New Martyr
Our next Book Club/Bible Study conference call is on Monday 3/23/2020 at 6:30 pm.
Call in #:605-313-5963 Code: 572515



Welcome to St. George Greek Orthodox Church

O Lord and Master of my life, take from me the spirit of sloth, despair, lust of power, and idle talk. But give rather the spirit of chastity, humility, patience, and love to Thy servant. Yea, O Lord and King, grant me to see my own transgressions, and not to judge my brother, for blessed art Thou, unto ages of ages. Amen.

Great Lent Schedule 2020

1. Faithful can follow services from home. Go to our Facebook page during service time. Here is the link: <https://www.facebook.com/SaintGeorgeNY/> **St. George Greek Orthodox Church**
PLEASE DO NOT COME TO THE CHURCH
2. Follow along with the service texts at this link: <http://www.agesinitiatives.com/dcs/public/dcs/dcs.html>.
3. Our Book Club Will Continue via Conference Call. Dial-in number: (605) 313-5963 Access code:572515

March

Friday, March 20

* 6:30pm Salutations to the Virgin Mary

(Οι Χαιρετισμοί της Θεοτόκου)

Sunday, March 22 - Sunday of the Holy Cross

* 9am Orthros & 10am Divine Liturgy

(You may come pick up your blessed flower from the office Monday or Tuesday)

Monday, March 23 -

* 6:30pm Bible Study/ Book Club Conference Call

(Dial-in number above) - Great Lent by Schmemmann

Wednesday, March 25 - Annunciation of the Theotokos (Εὐαγγελισμός τῆς Θεοτόκου)

* 9am-11am Orthros & Divine Liturgy

Friday, March 27

*6:30pm Salutations to the Virgin Mary

(Οι Χαιρετισμοί της Θεοτόκου)

Sunday, March 29 - Sunday of St. John Climacus

* 9am Orthros & 10am Divine Liturgy

Monday, March 30

* 6:30pm Bible Study/ Book Club Conference Call

(Dial-in number above) - Great Lent by Schmemmann

April

Friday, April 3

* 6:30pm Akathyst Hymn

Sunday,

April 5 - Sunday of St. Mary of Egypt

* 9am Orthros & 10am Divine Liturgy

Monday, April 6

* 6:30pm Bible Study/ Book Club Conference Call

(Dial-in number above) - Great Lent by Schmemmann

Wednesday, April 8

* 10am Presanctified Liturgy

Friday, April 10

* 5pm Vespers for St. Lazarus

Saturday, April 11 – Saturday of Lazarus

* 9am – 11am Orthros & Divine Liturgy

Sunday, April 12 – Palm Sunday

* 9am Orthros & 10am Divine Liturgy

Holy Week

Sunday, April 12 – Palm Sunday

* 6:30pm Bridegroom Service

Holy Monday, April 13

* 6:30pm Bridegroom Service

Holy Tuesday, April 14

* 6:30pm Bridegroom Service – Hymn of Kassiani

Holy Wednesday, April 15

* 6pm Holy Unction Service

Holy Thursday, April 16 - The Mystical/ Last Supper

* 9:30am Vespertal Liturgy

* 6pm The 12 Gospels - The Passion of Christ

Holy Friday, April 17

* 9:30am Royal Hours

* 3pm Apokathelosis

* 6pm Epitaphios/ Lamentations

Holy Saturday, April 18

* 9:30am Vespertal Liturgy

* 11pm Resurrection Service

Sunday, April 19 – Pascha/Easter Sunday

* 10:30am Agape Vespers



Welcome to St. George Greek Orthodox Church

Hymns of the Day

Ἀπολυτικίον Ἀναστάσιμον - Ἦχος βαρύς

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον,
ἠνέωξας τῷ Ληστῇ τὸν Παράδεισον, τῶν
Μυροφόρων τὸν θρῆνον μετέβαλες, καὶ τοῖς
σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας· ὅτι
ἀνέστης Χριστέ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ
μέγα ἔλεος.

Τῆς Ἑορτῆς

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν
κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ
βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων
διὰ τοῦ Σταυροῦ σου πολιτεῦμα.

Apolytikion of St. George

Ὡς τῶν αιχμαλώτων ελευθερωτῆς, καὶ τῶν
πτωχῶν υπερασπιστῆς, ασθενούντων ἰατρός,
βασιλέων υπέρμαχος, τροπαιοφόρε
μεγαλομάρτυς Γεώργιε, πρέσβευε Χριστῷ τῷ
Θεῷ θῆναι τὰς ψυχὰς ἡμῶν.

Kontakion

Τῆ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, ὡς
λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια,
Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ' ὡς
ἔχουσα τὸ κράτος ἀπροσμάχητον Ἐκ παντοίων
με κινδύνων ἐλευθέρωσον, ἵνα κράζω σοι·
Χαῖρε νύμφη ἀνύμφευτε.

Resurrectional Apolytikion Grave Mode

By means of Your Cross, O Lord, you abolished
death. To the robber You opened Paradise. The
lamentation of the myrrh bearing women You
transformed, and You gave Your Apostles the
order to proclaim to all that You had risen, O
Christ our God, and granted the world Your
great mercy.

For the Feast

Save, O Lord, your people and bless Your
inheritance, granting victory to the faithful over
the enemy, and by Your Cross protecting Your
commonwealth.

Apolytikion of St. George

Liberator of captives, defender of the Poor,
physician of the sick, and champion of kings, O
trophy-bearer, Great Martyr George, intercede
with Christ God that our souls be saved.

Kontakion

O Champion General, I your City now inscribe
to you Triumphant anthems as the tokens of
my gratitude, Being rescued from the terrors,
O Theotokos. Inasmuch as you have power
unassailable, from all kinds of perils free me, so
that unto you I may cry aloud: Rejoice, O
unwedded Bride.

**“Τὸν Σταυρὸν σου προσκυνοῦμεν, Δέσποτα, καὶ τὴν ἁγίαν σου ἀνάστασιν
δοξάζομεν.**

**We venerate Your Cross, O Master, and we glorify Your Holy
Resurrection.”**

From Divine Liturgy 3/22/2020



Welcome to St. George Greek Orthodox Church

Epistle and Gospel Readings

The reading is from St. Paul's Letter to the Hebrews 4:14-16; 5:1-6

Ἀδελφοί, ἔχοντες Ἀρχιερέα μέγαν διεληλυθότα τοὺς οὐρανοὺς, Ἰησοῦν τὸν Υἱὸν τοῦ Θεοῦ, κρατῶμεν τῆς ὁμολογίας. Οὐ γὰρ ἔχομεν ἀρχιερέα μὴ δυνάμενον συμπαθεῖσαι ταῖς ἀσθενείαις ἡμῶν, πεπειρασμένον δὲ κατὰ πάντα καθ' ὁμοιότητα χωρὶς ἁμαρτίας. Προσερχώμεθα οὖν μετὰ παρρησίας τῷ θρόνῳ τῆς χάριτος, ἵνα λάβωμεν ἔλεον καὶ χάριν εὐρωμεν εἰς εὐκαιρον βοήθειαν. Πᾶς γὰρ Ἀρχιερεὺς ἐξ ἀνθρώπων λαμβανόμενος ὑπὲρ ἀνθρώπων καθίσταται τὰ πρὸς τὸν Θεόν, ἵνα προσφέρῃ δῶρά τε καὶ θυσίας ὑπὲρ ἁμαρτιῶν· μετριοπαθεῖν δυνάμενος τοῖς ἀγνοοῦσι καὶ πλανωμένοις, ἐπεὶ καὶ αὐτὸς περικεῖται ἀσθενεῖαν· καὶ διὰ ταύτην ὀφείλει, καθὼς περὶ τοῦ λαοῦ, οὕτω καὶ περὶ ἑαυτοῦ προσφέρειν ὑπὲρ ἁμαρτιῶν. Καὶ οὐχ ἑαυτῷ τις λαμβάνει τὴν τιμὴν, ἀλλὰ καλούμενος ὑπὸ τοῦ Θεοῦ, καθάπερ καὶ ὁ Ἄαρων. Οὕτω καὶ ὁ Χριστὸς οὐχ ἑαυτὸν ἐδόξασε γεννηθῆναι ἀρχιερέα, ἀλλ' ὁ λαλήσας πρὸς αὐτόν· Υἱὸς μου εἶ σύ, ἐγὼ σήμερον γεγέννηκά σε· καθὼς καὶ ἐν ἑτέρῳ λέγει· σὺ ἱερεὺς εἰς τὸν αἰῶνα κατὰ τὴν τάξιν Μελχισεδέκ.

Brethren, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest forever, after the order of Melchizedek."

The Gospel According to Mark 8:34-38; 9:1

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

Εἶπεν ὁ Κύριος· Ὅστις θέλει ὀπίσω μου ἀκολουθεῖν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθεῖτω μοι. ὃς γὰρ ἂν θέλῃ τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ' ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἕνεκεν ἐμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον ἐὰν κερδήσῃ τὸν κόσμον ὅλον, καὶ ζημιωθῇ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ ἐὰν ἐπαισχυνθῇ με καὶ τοὺς ἐμούς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἁμαρτωλῷ, καὶ ὁ υἱὸς τοῦ ἀνθρώπου ἐπαισχυνθήσεται αὐτόν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· Ἀμὴν λέγω ὑμῖν ὅτι εἰσὶ τινες ὧδε τῶν ἐστηκότων, οἵτινες οὐ μὴ γεύσονται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθειᾶν ἐν δυνάμει.



Welcome to St. George Greek Orthodox Church

2020 PARISH COUNCIL: Brian Goodale, President; Maria Dostis, Vice President; Alexandra Casey, Treasurer; Scott Morlock, Secretary; Roubina Morgan, Lucy Brady, Dimitri Koutsopoulos

Upcoming Events- Streaming on Facebook Live

Sunday, March 22, 2020

**Orthros 9:00 AM/Divine Liturgy 10:00 AM
Sunday of the Holy Cross**

Monday, March 23, 2020

**6:30 PM Bible Study/Book Club conference
call
Conference Call in #:605-313-5963
Code: 572515**

Wednesday, March 25, 2020

**9:00 AM-11:00 AM Orthros and Divine
Liturgy - Annunciation of the Theotokos**

Friday, March 27, 2020

6:30 PM Salutations to the Virgin Mary

Sunday, March 29, 2020

**Orthros 9:00 AM/Divine Liturgy 10:00 AM
Sunday of St. John Climacus**

Saint George Greek Orthodox Church Info:

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Reverend Father Neofitos Sarigiannis frneofitos@saintgeorgegoc.com

107 Clinton Street Schenectady, NY 12305

Sundays Services: Orthros: 9:00 AM Divine Liturgy: 10:00 AM

Office Hours: Monday - Thursday 9 AM – 2 PM Parish Office closed on Friday

<https://www.facebook.com/SaintGeorgeNY/>

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JOIN OUR EMAIL LIST**

Call or email us to join our Email list to receive all our Bulletins, Schedules, and Community Updates



Welcome to St. George Greek Orthodox Church

Important Updates for St. George- *Emailed out Thursday morning*

Archbishop Elpidophoros Announces Further Measures To Protect The Faithful

Dear Friends,

During these difficult times of uncertainty, our Archdiocese is offering leadership and guidance to protect our faithful. Please read the press release shown below.

"The Churches will continue to perform the appointed services with the priest and the chanter, however the Faithful will pray from their homes and participate in these services through Internet broadcasts and multimedia. "

For the foreseeable future, church services at St. George will be closed. I, Fr. Neofitos will celebrate regular services with a chanter only. Faithful should pray from their homes ... **PLEASE DO NOT COME TO THE CHURCH.** We have set up Facebook Live stream so that you may follow services online on our Facebook page. Please notify those whom you know that may not have access to this information. Perhaps a younger family member or friend can help these families during time of worship. Please stay in touch with each other and share this info in case someone misses this bulletin or isn't on our list. In the future, we may have more multimedia options. Please call us in the office if you have any questions or write us at frneofitos@saintgeorgegoc.com.

Service Streaming info instructions:

You will need a Facebook account to watch via our Facebook page.

Go to our Facebook page during service time. Here is a

link: <https://www.facebook.com/SaintGeorgeNY/> St. George Greek Orthodox Church

Our latest church service schedule is attached.

There will be no Fellowship Hour or other gatherings. Parish Council and other meetings will be moving to conference calls.

Please pray for our community, our Church, our country and all those afflicted and affected by this pandemic.

Again, please contact the office if you have any questions. We need everyone's help and cooperation in spreading the accurate info within this bulletin ESPECIALLY to those who don't have digital access. Please make the effort and inform all your loved ones about church and the service prayer times. Stay home. Stay safe. God be with you.

Respectfully,
Fr. Neofitos



Welcome to St. George Greek Orthodox Church

GREEK ORTHODOX ARCHDIOCESE OF AMERICA

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March 16, 2020

ARCHBISHOP ELPIDOPHOROS ANNOUNCES FURTHER MEASURES TO PROTECT THE FAITHFUL RESPONDING TO THE CORONAVIRUS PANDEMIC

New York, NY – His Eminence Archbishop Elpidophoros of America announces today measures to protect the health of the Greek Orthodox Flock of America, and the health of the wider public. These decisions are being taken in light of the recommendations of Federal, State, and City officials and agencies, including the CDC.

Beginning March 17, the Archdiocesan Headquarters in New York City (which is also the residence of the Archbishop) will close, and all employees will work from their homes. The Archdiocese possesses a system of videoconferencing and virtual connectivity, that will allow for the work of the Church to proceed in good order.

The Archbishop, out of an abundance of caution for the health of his flock and the public, and especially because New York City has become a “hot zone” of the Covid-19 pandemic, is canceling his public schedule effective immediately. In addition, all scheduled ordinations will be restricted to family members only.

The Churches will continue to perform the appointed services *with the priest and the chanter only* (added based on the Greek translation from above), however the Faithful will pray from their homes and participate in these services through Internet broadcasts and multimedia. Clergy will continue to make visitations for those in need of sacramental and pastoral care.

Commenting on these measures, Archbishop Elpidophoros said:

“As Christians, we must take responsibility for the well being of others. We can be united in the spirit even as we are apart in the body. In fact, protecting the health of those around us is a powerful witness to our faith, that we place the good of others above our own. With our faith in God, we can overcome these present difficulties, using the rational, scientific knowledge that we possess through our God-given intelligence.

“As your shepherd, I will be ever-vigilant for the welfare of our Archdiocese, praying in the Chapel of Saint Paul every day for all of you, for our Nation, and for the world. Above all, I will offer the Holy and Divine Liturgy for the life of each and every one of you. May the Lord keep us all in health and safety until these challenges have passed.”



Welcome to St. George Greek Orthodox Church

ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΟΣ ΑΡΧΙΕΠΙΣΚΟΠΗ ΑΜΕΡΙΚΗΣ

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ΠΡΟΣ ΑΜΕΣΗ ΚΟΙΝΟΠΟΙΗΣΗ

16 Μαρτίου 2020

Ο Αρχιεπίσκοπος Ελπιδοφόρος ανακοίνωσε επιπλέον μέτρα για την προστασία των πιστών εξαιτίας της πανδημίας του Κορωνοϊού

ΝΕΑ ΥΟΡΚΗ – Ο Σεβασμιώτατος Αρχιεπίσκοπος Αμερικής κ. Ελπιδοφόρος ανακοίνωσε μέτρα για την προστασία της υγείας του ποιμνίου στην Αμερική αλλά και της ευρύτερης δημόσιας υγείας. Οι αποφάσεις αυτές λήφθηκαν με βάση τις οδηγίες των Ομοσπονδιακών, Πολιτειακών και Δημοτικών αρχών συμπεριλαμβανομένου του Κέντρου Ελέγχου Νοσημάτων (CDC).

Από τις 17 Μαρτίου, τα γραφεία της Αρχιεπισκοπής στη Νέα Υόρκη, όπου είναι και η κατοικία του Αρχιεπισκόπου, θα παραμείνουν κλειστά και όλοι οι υπάλληλοι θα εργάζονται από το σπίτι τους. Η Αρχιεπισκοπή έθεσε σε λειτουργία το σύστημα τηλεδιάσκεψης και απομακρυσμένης διασύνδεσης, το οποίο θα επιτρέψει την, κατά το δυνατόν, αδιάταρακτη καλή λειτουργία των δραστηριοτήτων της Εκκλησίας.

Ο Αρχιεπίσκοπος με ανύστακτο ενδιαφέρον για την υγεία τόσο του ποιμνίου της Αρχιεπισκοπής, αλλά και για την ευρύτερη δημόσια υγεία, ειδικά επειδή η πόλη της Νέας Υόρκης βρίσκεται στο επίκεντρο της πανδημίας του κορωνοϊού, ακυρώνει άμεσα όλες τις δημόσιες δραστηριότητές του. Επιπλέον, όλες οι προγραμματισμένες χειροτονίες θα πραγματοποιηθούν σε εξαιρετικά στενό οικογενειακό κύκλο.

Οι ενορίες θα συνεχίσουν τις ακολουθίες με τον ιερέα και τον ιεροψάλτη, αλλά οι πιστοί θα πρέπει να προσεύχονται από το σπίτι και να μετέχουν στις ακολουθίες μόνο μέσω της τηλεόρασης ή του διαδικτύου. Οι κληρικοί θα συνεχίσουν τις επισκέψεις κατ' οίκον για αυτούς που έχουν ανάγκη ποιμαντικής και μυστηριακής φροντίδας.

Σχολιάζοντας τα μέτρα, ο Αρχιεπίσκοπος Ελπιδοφόρος είπε:

«Ως Χριστιανοί, πρέπει να είμαστε υπεύθυνοι για την υγεία των άλλων. Μπορούμε να είμαστε πνευματικά ενωμένοι έστω κι αν είμαστε απομακρυσμένοι εν σώματι. Στην πραγματικότητα, η προστασία της υγείας του πλησίων μας είναι μία μαρτυρία της πίστης μας, διότι θέτουμε το καλό του άλλου πάνω από το δικό μας. Με την πίστη στο Θεό μπορούμε να ξεπεράσουμε την παρούσα δυσκολία, στηριζόμενοι στη λογική και στην επιστημονική γνώση, γνωρίσματα της δοσμένης από το Θεό νοημοσύνης μας.



Welcome to St. George Greek Orthodox Church

Ως ποιμένας σας θα είμαι πάντα άγρυπνος και θα προσεύχομαι καθημερινά στο Παρεκκλήσιο του Αγ. Παύλου της Αρχιεπισκοπής για κάθε έναν από εσάς, για το έθνος μας και για τον κόσμο. Πάνω από όλα όμως, σε κάθε Θ. Λειτουργία θα εύχομαι υπέρ της υγείας καθενός από εσάς. Ας παρακαλέσουμε το Θεό όλοι μαζί, να μας δίνει υγεία, υπομονή και ασφάλεια μέχρι να παρέλθει και αυτή η τρομερή δοκιμασία».

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CALM
AND
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PSALM

Calendar for daily readings

<https://www.goarch.org/chapel/calendar>

Let us pray to the Lord.....