

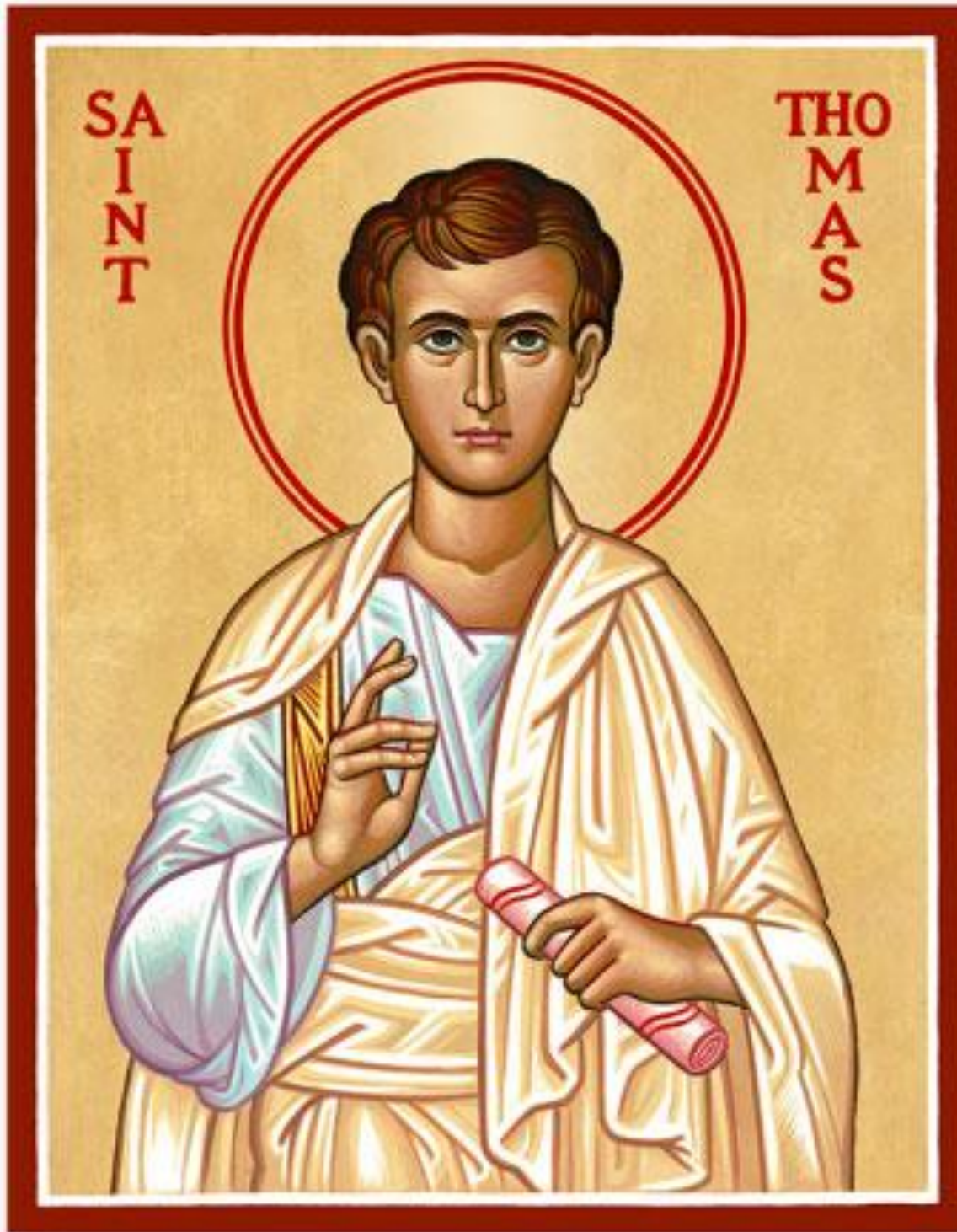


SUNDAY BULLETIN

Saint George Greek Orthodox Church
Father Neofitos Sarigiannis frneofitos@saintgeorgegoc.com
www.saintgeorgegoc.com

3rd Sunday of Luke

October 6, 2024



Today we commemorate the 3rd Sunday of Luke, The Holy and Glorious Apostle Thomas Eroteis the Martyr of Cappadocia, Makarios the Righteous of Chios



Welcome to St. George Greek Orthodox Church

READINGS OF THE DAY

The Matins Gospel According to Luke 24:1-12

Τῇ μιᾷ τῶν Σαββάτων, ὄρθρου βαθέος ἦλθον ἐπὶ τὸ μνήμα, φέρουσαι ἃ ἠτοίμασαν ἀρώματα, καὶ τινες σὺν αὐταῖς. Εὗρον δὲ τὸν λίθον ἀποκεκυλισμένον ἀπὸ τοῦ μνημείου, καὶ εἰσελθοῦσαι οὐχ εὗρον τὸ σῶμα τοῦ Κυρίου Ἰησοῦ. Καὶ ἐγένετο ἐν τῷ διαπορεῖσθαι αὐτὰς περὶ τούτου, καὶ Ἰδοῦ, δύο ἄνδρες ἐπέστησαν αὐταῖς ἐν ἐσθήσεσιν ἀστραπούσαις· ἐμφόβων δὲ γενομένων αὐτῶν καὶ κλινουσῶν τὰ πρόσωπον εἰς τὴν γῆν, εἶπον πρὸς αὐτάς· Τί ζητεῖτε τὸν ζῶντα μετὰ τῶν νεκρῶν; οὐκ ἔστιν ὧδε, ἀλλ' ἠγέρθη. Μνήσθητε ὡς ἐλάλησεν ὑμῖν, ἔτι ὢν ἐν τῇ Γαλιλαίᾳ, λέγων, ὅτι δεῖ τὸν υἱὸν τοῦ ἀνθρώπου παραδοθῆναι εἰς χεῖρας ἀνθρώπων ἀμαρτωλῶν, καὶ σταυρωθῆναι, καὶ τῇ τρίτῃ ἡμέρᾳ ἀναστῆναι. Καὶ ἐμνήσθησαν τῶν ῥημάτων αὐτοῦ, καὶ ὑποστρέψασαι ἀπὸ τοῦ μνημείου, ἀπήγγειλαν ταῦτα πάντα τοῖς ἕνδεκα καὶ πᾶσι τοῖς λοιποῖς. Ἦσαν δὲ ἡ Μαγδαληνὴ Μαρία καὶ Ἰωάννα καὶ Μαρία Ἰακώβου, καὶ αἱ λοιπαὶ σὺν αὐταῖς, αἱ ἔλεγον πρὸς τοὺς ἀποστόλους ταῦτα. Καὶ ἐφάνησαν ἐνώπιον αὐτῶν ὡσεὶ λῆρος τὰ ῥήματα αὐτῶν, καὶ ἠπίστουν αὐταῖς, ὁ δὲ Πέτρος ἀναστὰς ἔδραμεν ἐπὶ τὸ μνημεῖον, καὶ παρακύψας βλέπει τὰ ὀθόνια κείμενα μόνα, καὶ ἀπήλθε, πρὸς ἑαυτὸν θαυμάζων τὸ γεγονός.

On the first day of the week at early dawn, the women went to the tomb, taking spices, which they had prepared. And they found the stone rolled away from the tomb, but when they went in they did not find the body of the Lord Jesus. While they were perplexed about this, behold, two men stood by them in dazzling apparel; and as they were frightened and bowed their faces to the ground, the men said to them, "Why do you seek the living among the dead? He is not here, but has risen. Remember how He told you, while He was still in Galilee, that the Son of Man must be delivered into the hands of sinful men, and be crucified, and on the third day rise." And they remembered His words and returning from the tomb they told all this to the eleven and to all the rest. Now it was Mary Magdalene and Joanna and Mary the mother of James and the other women with them who told this to the Apostles; but these words seemed to them an idle tale, and they did not believe them. But Peter rose and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; and he went home wondering what had happened.

The reading is from St. Paul's Second Letter to the Corinthians 4:6-15

Ἀδελφοί, ὁ θεὸς ὁ εἰπὼν ἐκ σκότους φῶς λάμπει, ὃς ἔλαμψεν ἐν ταῖς καρδίαις ἡμῶν πρὸς φωτισμὸν τῆς γνώσεως τῆς δόξης τοῦ θεοῦ ἐν προσώπῳ Ἰησοῦ Χριστοῦ. Ἐχομεν δὲ τὸν θησαυρὸν τοῦτον ἐν ὀστρακίνοις σκευέσιν, ἵνα ἡ ὑπερβολὴ τῆς δυνάμεως ἧ τοῦ θεοῦ, καὶ μὴ ἐξ ἡμῶν· ἐν παντὶ θλιβόμενοι, ἀλλ' οὐ στενοχωρούμενοι· ἀπορούμενοι, ἀλλ' οὐκ ἐξαπορούμενοι· διωκόμενοι, ἀλλ' οὐκ ἐγκαταλειπόμενοι· καταβαλλόμενοι, ἀλλ' οὐκ ἀπολλύμενοι· πάντοτε τὴν νέκρωσιν τοῦ κυρίου Ἰησοῦ ἐν τῷ σώματι περιφέροντες, ἵνα καὶ ἡ ζωὴ τοῦ Ἰησοῦ ἐν τῷ σώματι ἡμῶν φανερωθῆ. Αἰεὶ γὰρ ἡμεῖς οἱ ζῶντες εἰς θάνατον παραδιδόμεθα διὰ Ἰησοῦν, ἵνα καὶ ἡ ζωὴ τοῦ Ἰησοῦ φανερωθῆ ἐν τῇ θνητῇ σαρκὶ ἡμῶν. Ὡστε ὁ μὲν θάνατος ἐν ἡμῖν ἐνεργεῖται, ἡ δὲ ζωὴ ἐν ὑμῖν. Ἐχοντες δὲ τὸ αὐτὸ πνεῦμα τῆς πίστεως, κατὰ τὸ γεγραμμένον, Ἐπίστευσα, διὸ ἐλάλησα, καὶ ἡμεῖς πιστεύομεν, διὸ καὶ λαλοῦμεν· εἰδότες ὅτι ὁ ἐγείρας τὸν κύριον Ἰησοῦν καὶ ἡμᾶς διὰ Ἰησοῦ ἐγείρει, καὶ παραστήσει σὺν ὑμῖν. Τὰ γὰρ πάντα δι' ὑμᾶς, ἵνα ἡ χάρις πλεονάσασα διὰ τῶν πλειόνων τὴν εὐχαριστίαν περισσεύσῃ εἰς τὴν δόξαν τοῦ θεοῦ.

Brethren, it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Christ. But we have this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be manifested in our mortal flesh. So, death is at work in us, but life in you. Since we have the same spirit of faith as he had who wrote, "I believed, and so I spoke," we too believe, and so we speak, knowing that he who raised the Lord Jesus will raise us also with Jesus and bring us with you into his presence. For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God.

The Gospel According to Luke 7:11-16

Τῷ καιρῷ ἐκείνῳ, ἐπορεύετο εἰς πόλιν καλουμένην Ναῖν· καὶ συνεπορεύοντο αὐτῷ οἱ μαθηταὶ αὐτοῦ ἱκανοὶ καὶ ὄχλος πολὺς, ὡς δὲ ἤγγισε τῇ πύλῃ τῆς πόλεως, καὶ ἰδοῦ ἐξεκομίζετο τεθνηκὼς υἱὸς μονογενῆς τῇ μητρὶ αὐτοῦ, καὶ αὕτη ἦν χήρα, καὶ ὄχλος τῆς πόλεως ἱκανὸς ἦν σὺν αὐτῇ. καὶ ἰδὼν αὐτὴν ὁ Κύριος ἐσπλαγχνίσθη ἐπ' αὐτῇ καὶ εἶπεν αὐτῇ· μὴ κλαῖε· καὶ προσελθὼν ἤψατο τῆς σοροῦ, οἱ δὲ βαστάζοντες ἔστησαν, καὶ εἶπε· νεανίσκε, σοὶ λέγω, ἐγέρθητι. καὶ ἀνεκάθισεν ὁ νεκρὸς καὶ ἤρξατο λαλεῖν, καὶ ἔδωκεν αὐτὸν τῇ μητρὶ αὐτοῦ. ἔλαβε δὲ φόβος πάντας καὶ ἐδόξαζον τὸν Θεόν, λέγοντες ὅτι προφήτης μέγας ἐγήγερται ἐν ἡμῖν, καὶ ὅτι ἐπεσκέψατο ὁ Θεὸς τὸν λαὸν αὐτοῦ.

At that time, Jesus went to a city called Nain, and his disciples and a great crowd went with him. As he drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, he had compassion for her and said to her, "Do not



Welcome to St. George Greek Orthodox Church

weep." And he came and touched the bier, and the bearers stood still. And he said, "Young man, I say to you, arise." And the dead man sat up and began to speak. And he gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited his people!"

HYMNS OF THE DAY

Ἀπολυτίκιον Ἀναστάσιμον

Ἀγγελικαὶ δυνάμεις ἐπὶ τὸ μνήμα σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν· καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ· ὑπήντησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν. Ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

Ἀπολυτίκιον. Τοῦ Ἀποστόλου

Ἀπόστολε Ἅγιε Θωμᾶ, πρέσβευε τῷ ἐλεήμονι Θεῷ, ἵνα πταισμάτων ἄφεσιν, παράσχη ταῖς ψυχαῖς ἡμῶν.

Apolytikion of St. George

Ὡς τῶν αιχμαλώτων ελευθερωτῆς, καὶ τῶν πτωχῶν υπερασπιστῆς, ασθενούντων ἰατρός, βασιλέων υπέρμαχος, τροπαιοφόρε μεγαλομάρτυς Γεώργιε, πρέσβευε Χριστῷ τῷ Θεῷ θῆναι τὰς ψυχὰς ἡμῶν.

Κοντάκιον

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἢ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

Resurrectional Apolytikion

When the angelic powers appeared at Your tomb, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary, who was seeking Your immaculate body. Unassailed by Hades, you divested it of spoils. Then You met the Virgin. You granted life. O Lord, risen from the dead, glory to You!

Apolytikion. For the Apostle

O holy Apostle Thomas, make intercession to our merciful God, that He grant our souls forgiveness of offenses.

Apolytikion of St. George

Liberator of captives, defender of the Poor, physician of the sick and champion of kings, O trophy-bearer, Great Martyr George, intercede with Christ God that our souls be saved.

Kontakion

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

IN CHURCH TODAY

2024 Parish Council: Brian Goodale, President; Dino Orfan, Vice President; Alexandra Casey, Treasurer; Balwant Kingra, Secretary; Maria Stamoulis: Asst. Treasurer; Lucy Brady, Arji Cakouros, Maria Dostis

USHERS

October 6, 2024 Roubina Morgan
Dino Orfan
October, 13, 2024 Brian Goodale

Service Schedule

Sunday, October 6, 2024 8:30am Orthros – 3rd^t Sunday of Luke
9:30am Divine Liturgy
Tuesday, October 8, 2024 5:30pm Paraklesis to the Virgin Mary
6:30pm Dinner and Q and A with Father: Special Guest: Fr. Emmanuel Mantzouris
Saturday October 9, 2024 5:30pm Vespers
6:30pm Orthodoxy 101
Sunday, October 13, 2024 8:30am Orthros – Sunday of the 7th Ecumenical Council
9:30am Divine Liturgy
One-year memorial Katina Kontakos
Trisagion Service for Family of Katherine Orfan
12:30pm Philoptochos Meeting



Welcome to St. George Greek Orthodox Church

Upcoming Events

Sunday, October 6, 2024	Sunday School after Holy Communion Church Musicians appreciation lunch
Monday, October 7, 2024	6:00pm Philoptochos Pizza Dinner & Card Making Party
Tuesday, October 8, 2024	6:30pm Dinner and Q and A with Father: Special Guest: Fr. Emmanuel Mantzouris
Wednesday, October 9, 2024	4:00pm Online Youth Greek School 4:00pm Online Beginner Greek School 5:00pm Online Intermediate Greek School 6:00pm Online Advance Greek School
Thursday, October 10, 2024	11:30am Senior Fellowship 4:45pm In person Greek School

National Church Music Sunday Prayers for Church Musicians

PRIEST: In the Name of the Father, Son, and Holy Spirit. AMEN

O Heavenly Father, on this day proclaimed National Church Music Sunday by our Archdiocese, our parish recognizes the women, men, and youth in our parish who give their time and musical talent in service to You, our Lord, and to Your Church.

Bless them, O Lord, as they sing praises to You, and glorify Your Name. Let their music be a witness to Your majesty and love, and remind us all of Your presence in our lives.

Help them to bring the Word of God to our parish family through Your music, through chant and hymn singing.

Help them to fulfill all the responsibilities this music ministry requires. Giving of time and talents to learn the hymns of our faith, teaching others these musical prayers, actively participating in the dialogue of our worship, and striving to enhance the beauty of our liturgical life.

Help them to grow as disciples of the Lord by making every effort to hear the Word of God, integrate His teachings into our lives, and sharing it with others through music.

Master, Lord our God, You commanded that everything be done for Your glory. By Your blessing, stretch forth Your hand to these Your servants who sing hymns of praise for Your glory. Grant them the wisdom and ability to sing our Orthodox prayers. Grant them good health, a happy life, and bless their good efforts. For You are a gracious God and to You we give glory, together with Your Father who is eternal and Your All Holy Good and Life-giving Spirit, now and forevermore. Amen



Welcome to St. George Greek Orthodox Church

Saint Romanos the Melodist

The hymnologists of the Orthodox Church are Christians of virtue and great faith, having been endowed with musical talent as well as the power of religious inspiration. Their creations enrich our worship services and help turn our souls towards God. Perhaps the greatest of all hymnologists is St. Romanos the Melodist. Many other hymnologists wrote ecclesiastical hymns, but none of them inspired the Christians as much as St. Romanos.

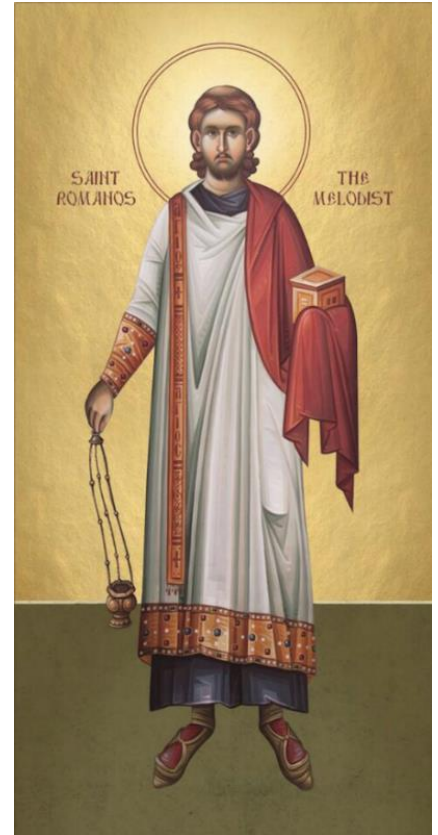
Romanos was a Syrian Christian who lived in the beginning of the 6th century. A convert to Orthodoxy from Judaism, he was ordained a deacon and served in the Church of Beirut. His talent was great. Unlike others, he wrote his hymns in simple language and produced a pleasant meter in the verse by the way he accented words. The hymns he composed appealed to the hearts of the people, and are still sung today.

Romanos has been called "Sweet Singer" (Glykophonos), "Melodist" (Melodhos), and "Righteous Chanter" (Psaltis Dhikeosinis). He wrote hundreds of hymns celebrating the mystery of the Incarnation, the Crucifixion, the Resurrection, and the living of a Christian life. One of his most famous compositions is the hymn celebrating the Nativity of our Lord, "Today the Virgin gives birth to One who is above all living things..." (I Parthenos Simeron). St. Romanos is also said to have composed the Akathist Hymn, a kontakion that we still chant during the Friday evening Heretismoι services of Great Lent.

Romanos died on October 1st in 510 AD. He was a productive genius and artist, writing and accenting thousands of kontakia. He has been called the patron saint of all who sing for the Church. Others say he is the leader in the world of religious hymnology. Surely, he has made a profound contribution to divine worship and deserves to be recognized

by all who sing and by all who listen to the hymnology of our services.

The first Sunday on or after the Feast of St. Romanos (October 1st) is designated by our Archdiocese as NATIONAL CHURCH MUSIC SUNDAY. Each year on this Sunday, we pause to honor the gifts and contributions of our church musicians — clergy, choir directors, psaltai, choir members, organists, and Church School music educators. We thank them for their devotion to our Church through their ministry of music.



ΤΟ ΚΟΝΤΑΚΙΟ
που ψέλνουμε στην Εκκλησία
μέχρι τα Χριστούγεννα

Η Παρθένος σήμερα τον προαιώνιον Λόγον
Εν σπηλαιώ έρχεται αποτεκνίσαι απορρήτως
Χόρευε η οικουμένη ακουτισθείσα
Δόξασον μετά Αγγέλων και των Ποιμένων
Βουληθέντα εποφθήναι Παιδίον Νέον,
τον προ αιώνων Θεόν.

TEACHING DIVINE LITURGY

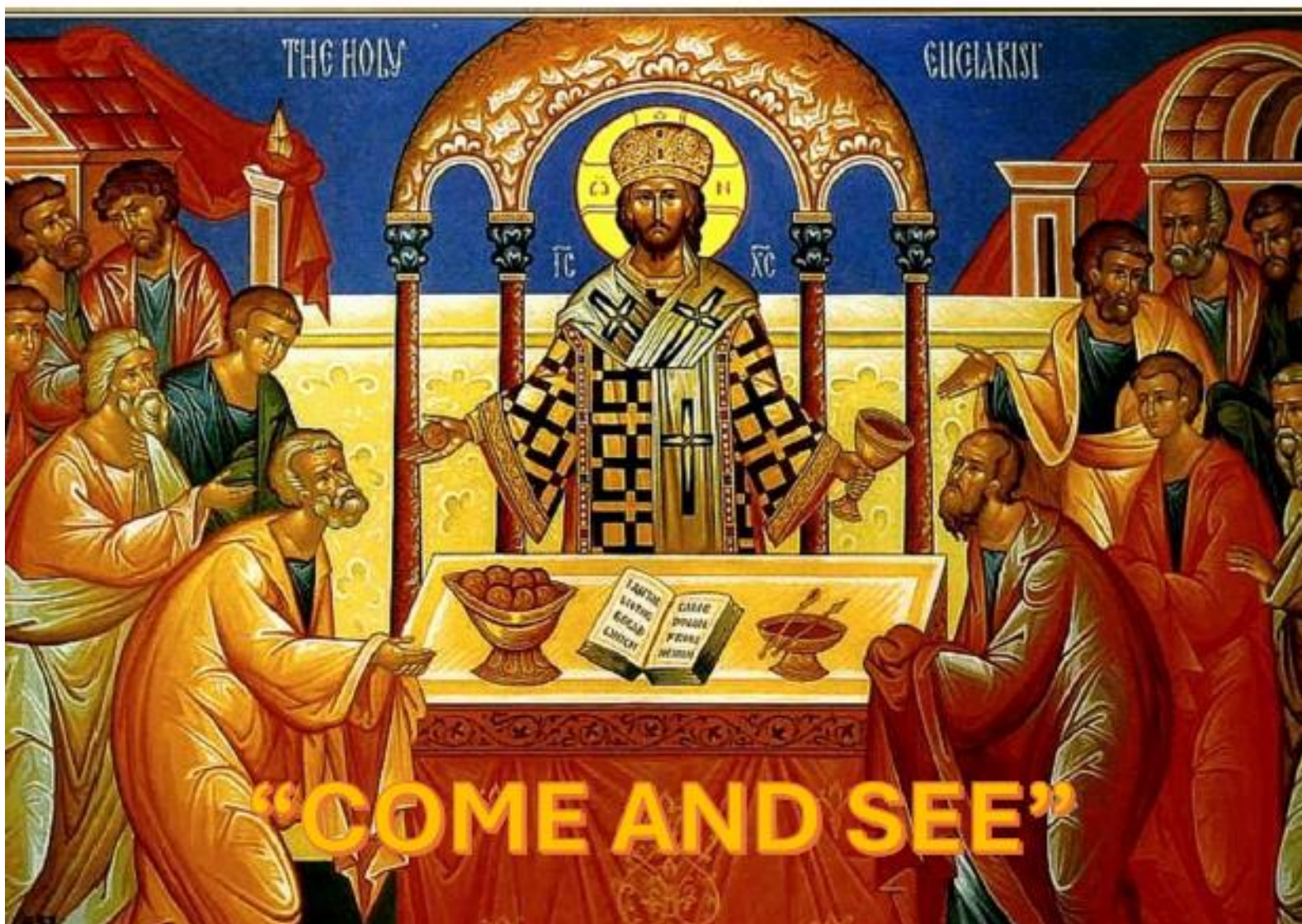
Sunday, October 20 at 9:30 am – The Preparation

Sunday, November 17 at 9:30 am – Liturgy of the Word

Sunday, February 2 at 9:30 am - Liturgy of the Eucharist

For You are the One Who both offers and is offered, the
One Who is received and is distributed..."

From the Divine Liturgy of St. John Chrysostom



Dinner and Q and A with Father

Twice a month on select Tuesdays at 6:30pm in the Hellenic Center

Join us as we explore our Orthodox Faith with a Fellowship Dinner and Q and A session with Father Neofitos Sarigiannis and other guest clergy members occasionally. Come ready with questions or submit your questions anonymously in our special Q and A box. Join our Group Today!!!! Email Fr. Neofitos: frneofitos@saintgeorgegoc.com

Dinner and Q and A Schedule (mark your calendars)

Tuesdays

Bible Study 10/1/2024

Dinner Q and A 10/8/2024

Off 10/15/2024

Bible Study 10/22/2024

Dinner Q and A 10/29/2024

Dinner Q and A 11/5/2024

Off 11/12/2024

Bible Study 11/19/2024

Dinner Q and A 11/26/2024

Bible Study 12/3/2024

Off 12/10/2024

Dinner Q and A 12/17/2024

Off 12/24/2024

Off 12/31/2024

Bible Study 1/7/2025

Off 1/14/2025

Dinner Q and A 1/21/2025

Bible Study 1/28/2025

Dinner Q and A 2/4/2025

Off 2/11/2025

Bible Study 2/18/2025

Dinner Q and A 2/25/2025

Bible Study 3/4/2025

Off 3/11/2025

Dinner Q and A 3/18/2025

Bible Study 3/25/2025

Dinner Q and A 4/1/2025

Off 4/8/2024

Off 4/15/2024

Off 4/22/2024

Bible Study 4/29/2025

Dinner Q and A 5/6/2025

Off 5/13/2024

Bible Study 5/20/2025

Dinner Q and A 5/27/2025

Services: Paraklesis to the
Virgin Mary Every
Tuesday is at 5:30pm



St. George Greek Orthodox Church

107 Clinton Street Schenectady, NY 12305

Saint George Schenectady Sunday School Calendar 2024-2025

Register now on our website! <http://www.saintgeorgeoc.com/> or
click here <https://forms.gle/LXp93jp9S7H9u2Zr7>

Sunday School will meet in person, for 40 minutes after Holy Communion, every other week starting
on September 22, 2024:

September

9/22 Blessing of the School
Year after the Divine Liturgy -
First Day of Sunday School

October

10/6 Sunday School
10/20 Sunday School

** 10/27 Greek School "Oxi Day"
Celebration after Divine Liturgy**

November

11/3 Sunday School
11/17 Sunday School

December

12/1 Sunday School
Friday 12/6 Christmas Tree
Lighting
12/22 Christmas Pageant

January

1/5 Sunday School (*Eve of
Theophany*)
1/19 Sunday School

February

2/2 Sunday School (*God Parent
Sunday*)
2/16 Sunday School

March

3/9 Sunday School (*Sunday of
the Holy Cross*)
3/23 Sunday School (*Sunday
of Orthodoxy*)

** 03/30 Greek School Greek
Independence Day Celebration and
Coffee Hour after Divine Liturgy **

April

4/6 Sunday School
4/12 Saturday of Lazarus
*10AM-1:30PM Youth Divine Liturgy,
Palm Cross Making and Youth Retreat*
4/13 Sunday School (*Palm
Sunday*)
04/20 Pascha
*10:30AM -12:00PM Easter Egg Hunt
after the Agape Service*

May

5/4 Sunday School
5/18 Last Day of Sunday
School

*Thursday 06/05
5:30-8:00PM Sunday School &
Greek School End of the Year
BBQ and Certificates*

CLASSES AND PROGRAM:

Our Sunday school aims to help young people understand what we believe, why we believe it, and how to express and live out those timeless beliefs in the 21st century.

We will be using "**Orthodox Pebbles**" and additional educational resources to create a well-rounded and engaging curriculum that will help students develop an understanding and desire to grow closer to Jesus Christ through the riches of our Orthodox Faith.

Some topics that will be visited regularly are:

- * Understanding and discussing the Sunday Gospel,
- * Learning short prayers and hymns from the Divine Liturgy
- * Hands-on activities about the customs and traditions of the church
- * Activities about Feasts, Fasts, and Saints and Discussions about Contemporary Social Issues